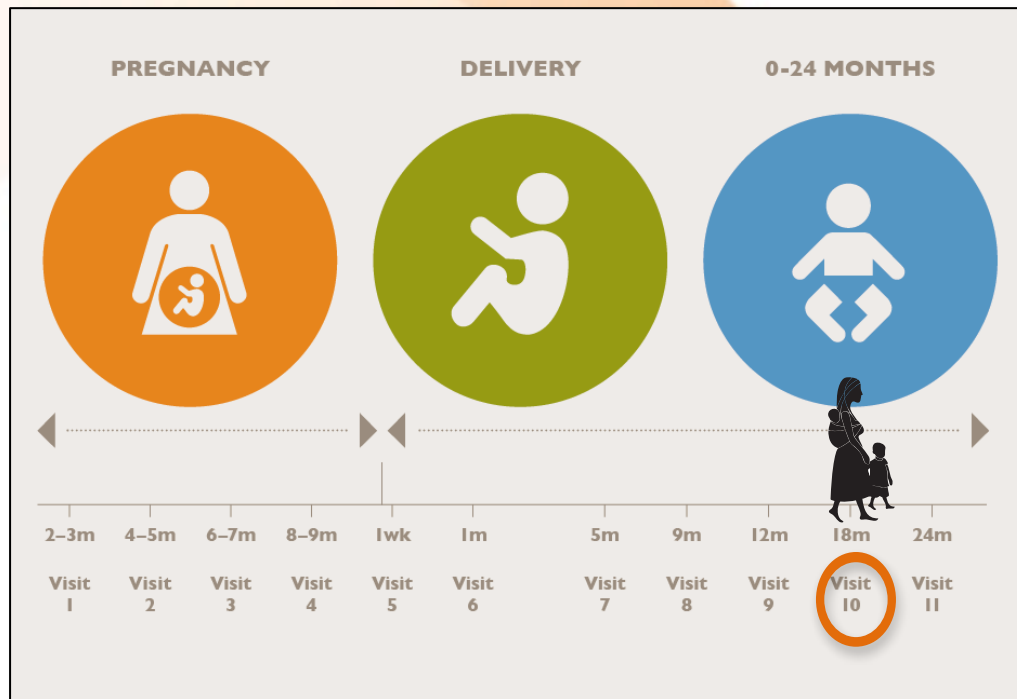
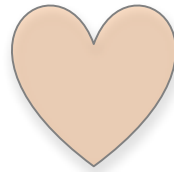
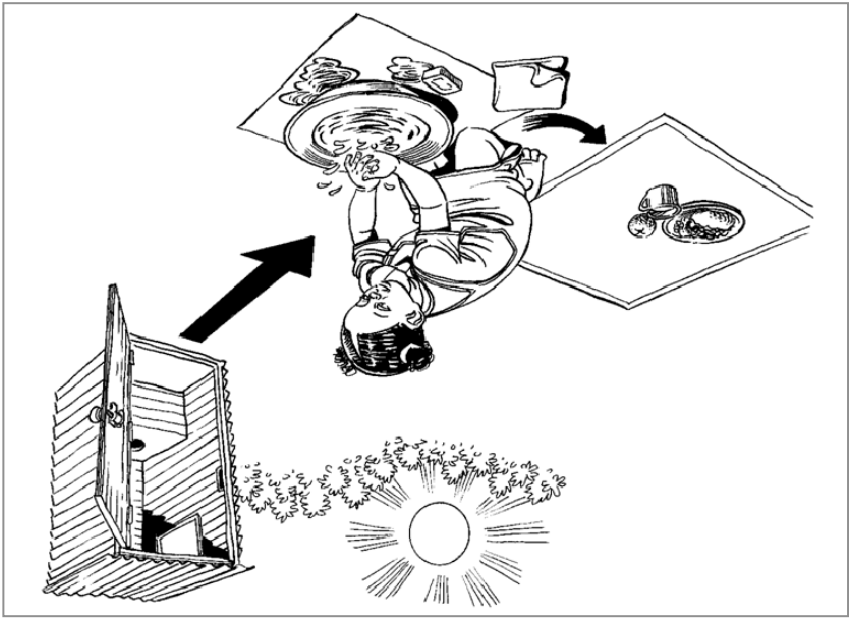


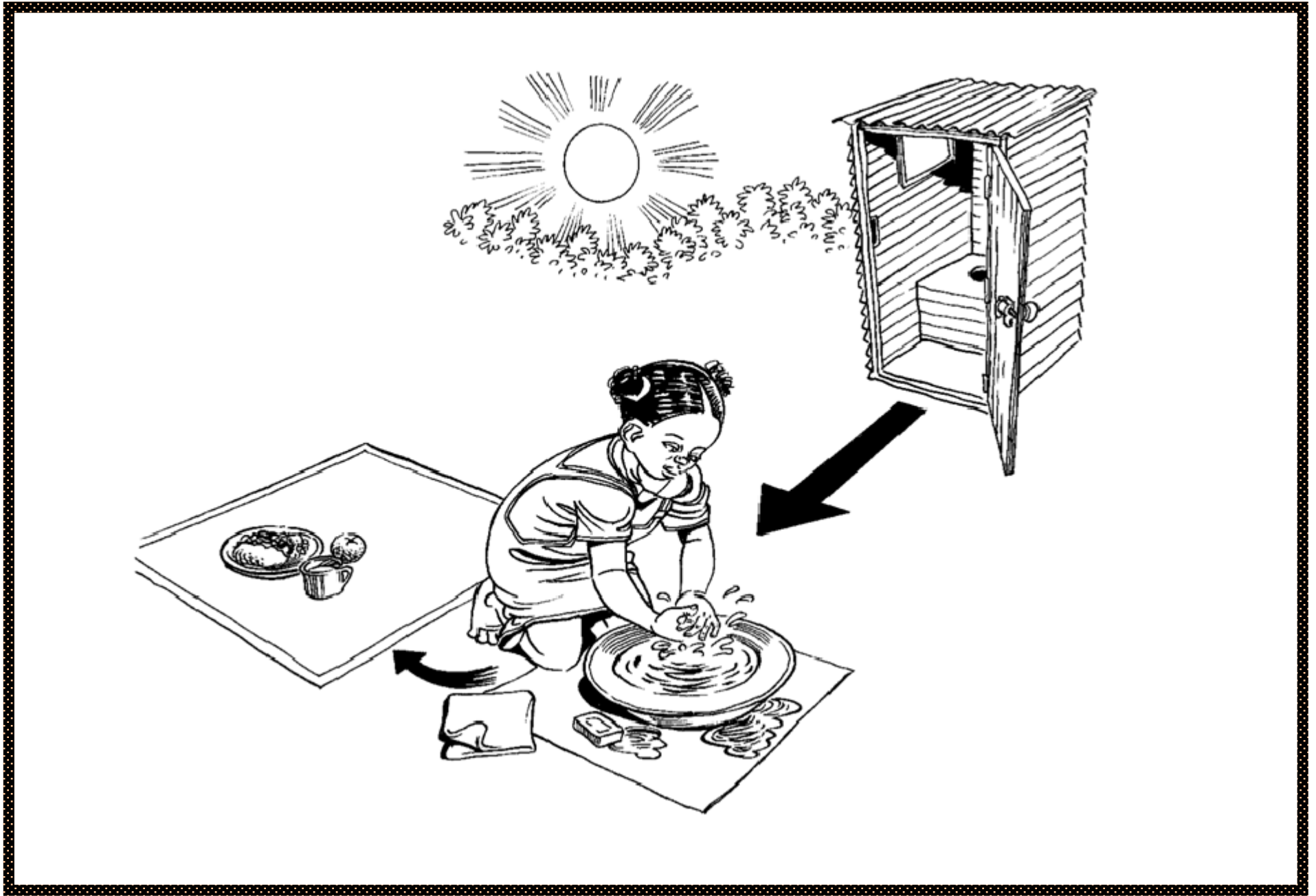
VISIT 10

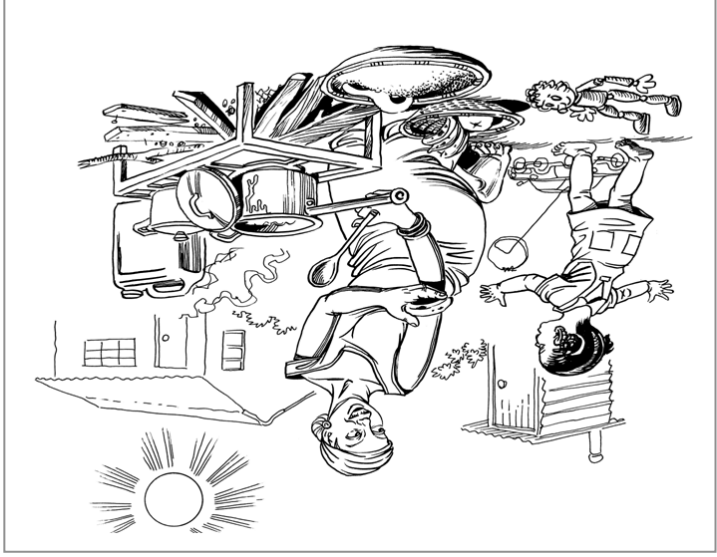




Leila is 18 months old. She learned from a very young age that she must wash her hands after she goes to the bathroom and before she eats any food.





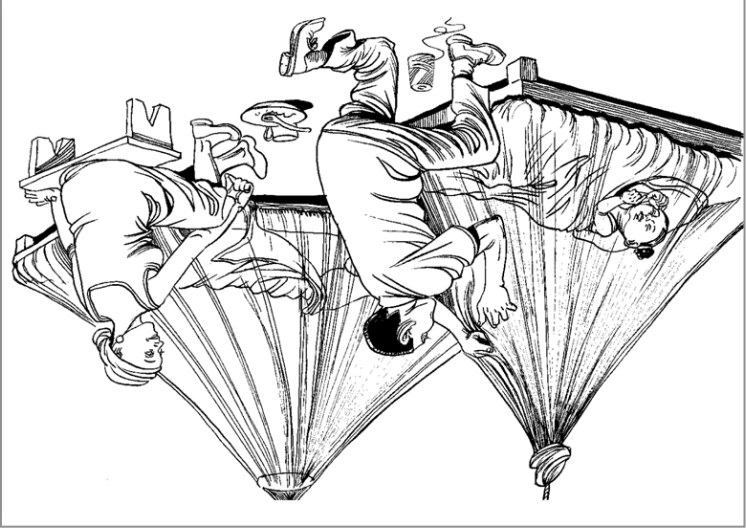


Leila likes to snack all day long. This is good because now that **Leila** is 18 months and no longer breastfeeding, she needs to eat at least six times a day. Her mother knows about the food groups – **Go, Grow** and **Glow** – and so when **Leila** asks for something to eat her mother knows that some good choices include **mangos, bananas, oranges, peanuts, and eggs**. When her mother prepares family meals she includes **beans** or **meat** in the sauce together with **Leila** has always liked having her own bowl and now that she older she is proud to show her parents how she can eat it all by herself. Her parents always praise her.





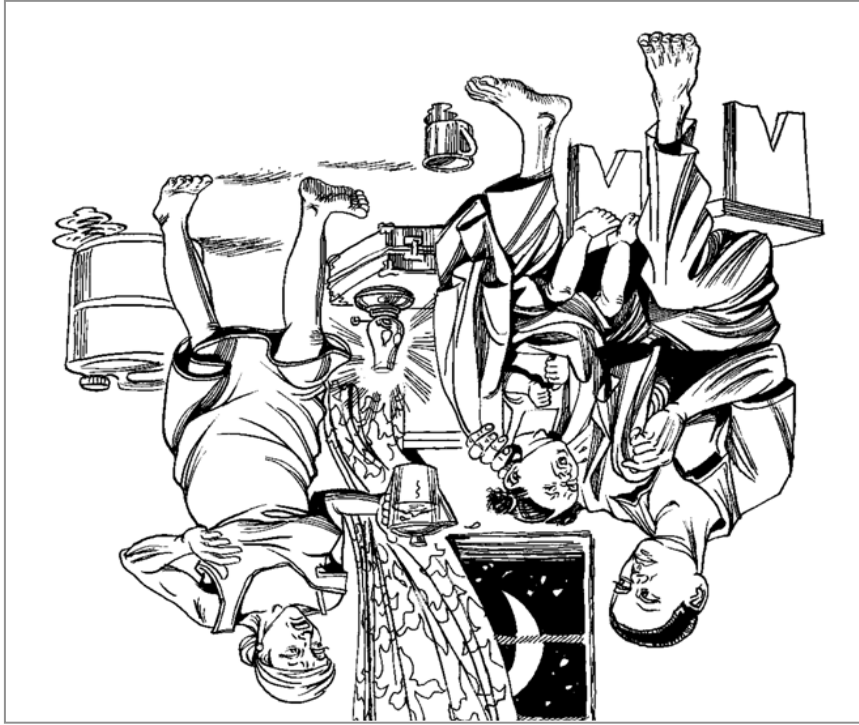
Positive Story: Complementary Feeding, Danger Signs & Birth Spacing



Now that **Leila** is two she likes to have much more space when she sleeps so she no longer shares a mattress with her mother. Her father has now bought her very own mosquito net under which she can sleep each night. He's sure to set the net up for **Leila** he always checks for holes or tears.







One night **Leila** can't sleep because she is coughing a lot. Her mother notices that she feels hot and she has a funny noise coming from her chest when she's breathing.







Leila's father remembers that this is a serious danger sign for children so he

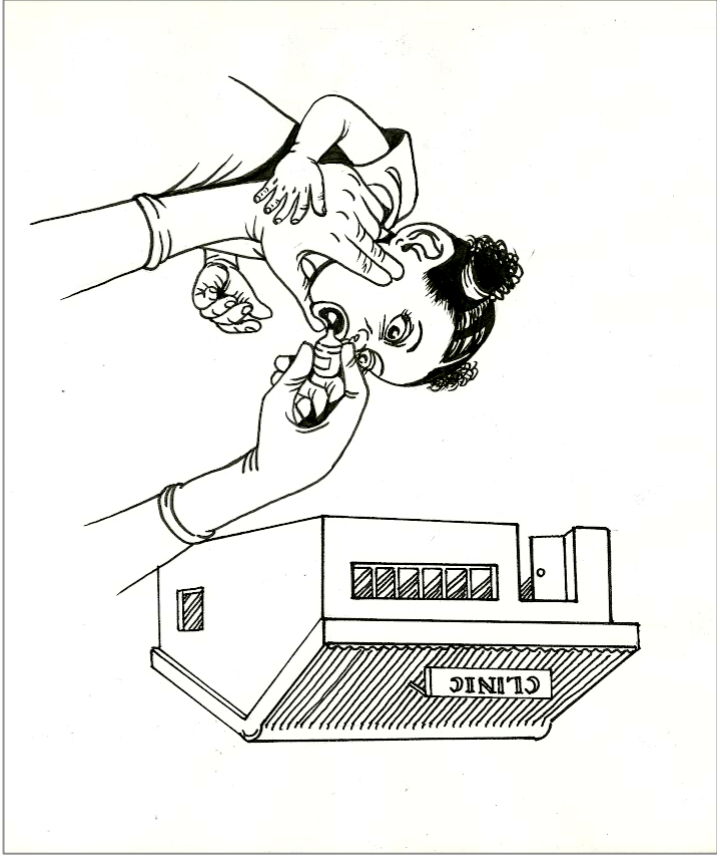
arranges to take Leila to the health clinic where the nurse gives her medicine.







While they are at the clinic the nurse checks **Leila's** growth card and tells the family that it is time for **Leila** to receive Vitamin A drops again. **Leila** opens her mouth wide for the nurse.





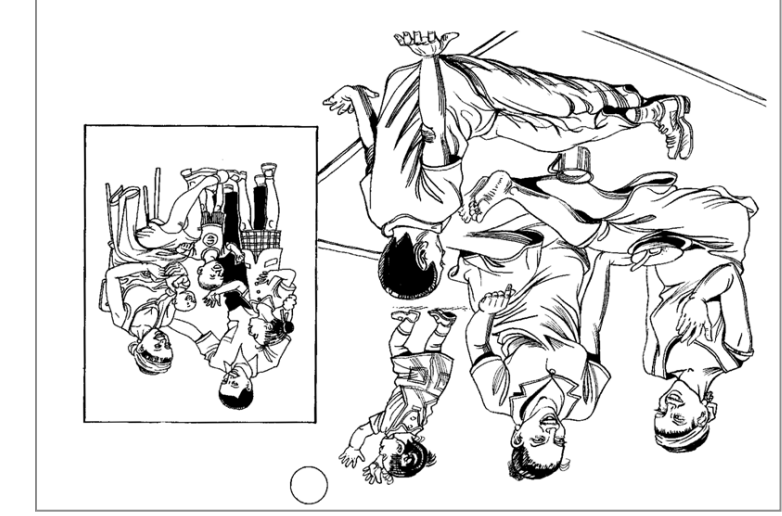


The next day the TTC-HV comes to visit Leila's household. She is glad to hear that Leila's parents remembered the danger signs for children and took Leila immediately for care. She praises them for their quick response. She is glad to find that Leila is already feeling better and that her mother is being very patient to ensure that Leila is still eating and drinking enough.



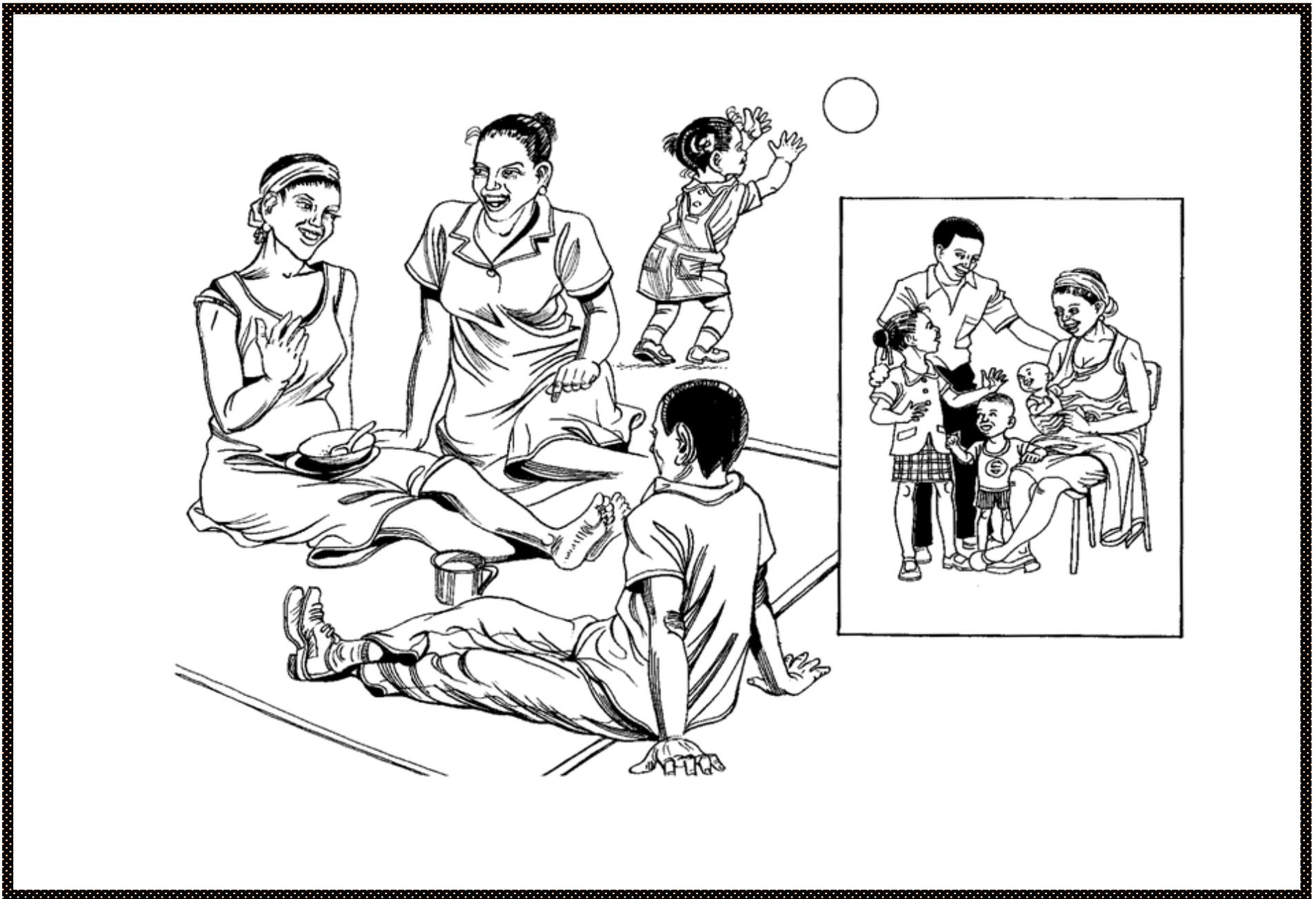


Positive Story: Complementary Feeding, Danger Signs & Birth Spacing



The TTC-HV tells **Leila's** parents that they have done a really good job and she can see that both **Leila** and her mother are strong and healthy. She tells them that if they want to have more children they can begin to think about trying for another pregnancy. **Leila's** parents have decided they want two more children.





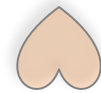
Positive Story: Complementary Feeding, Danger Signs & Birth Spacing



3. Do any of these happen in your own experience/family/ home? What might you do differently?
2. Do similar things happen in your community?
- Family planning
 - Leila still eats as much when she is ill
 - Vitamin A
 - Growth monitoring
 - Leila's parents recognize the danger sign and take Leila to the clinic right away
 - Bed net
 - Mother preparing nutritious meals, putting nutritious ingredients into the sauce
 - Leila snacking all day long, and her mother giving her good choices for snacks
 - Leila washing her hands
1. What behaviours / practices did they see in the story (pos or neg)?

Possible Answers

Z: Positive Story: Feeding at Two Years, Danger Signs, Birth Spacing: Guiding Questions





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