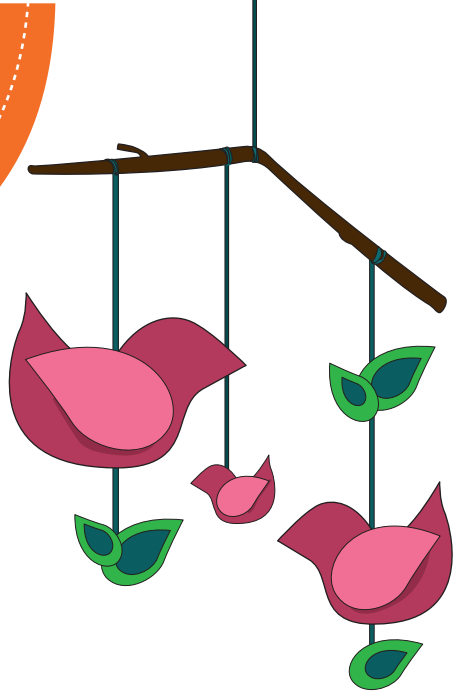


Hanging Mobile

Inspiring Baby with Colours
and Shapes
(Age: 0-6 months)



Instructions

- Draw various shapes on the paper. (For instance, a circle shape on red paper, a triangle shape on blue paper, a square shape on yellow paper, a rectangle shape on green paper, and maybe a diamond shape on orange paper.)
- Cut each shape out, and then cut a small hole on the top of each design.
- Tie a string or brightly coloured ribbon through the hole, and tie the figures by their string on a clothes hanger or a smooth stick. Hang it firmly above the baby's bed or play area, so s/he can watch them move.
- Alternatively, hang safe household objects, such as bottles, spoons, pegs, from the stick or clothes hanger.



Box Blocks

(Ages: 6 month -2 years)

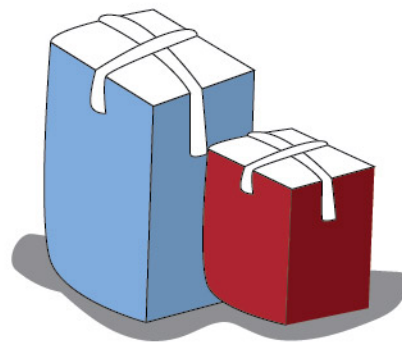


Preparation:

Collect several empty milk and juice containers, or other similar, paper products. Open the tops and make sure they are cleaned out.

Instructions

- Cut the edges and fill in with crumpled newspaper.
- Tape the ends of the box securely.
- Decorate your boxes by coloring them, drawing pictures on them, or even wrapping them in colored, construction paper. Show baby how to stack the boxes as building blocks when done.



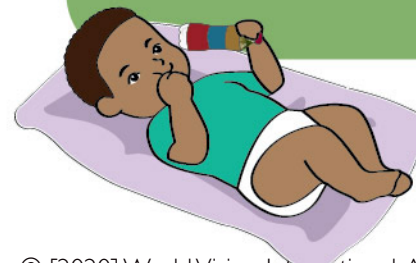
Rattle

Shaking It Up
(Age: 6 months-2 years)



Instructions

- Clean the plastic bottle and put some pebbles/beans and/or seeds inside (make sure your bottle has a lid so your baby does not have access to the materials inside).
- Seal the bottle well. Decorate the bottle with brightly, coloured paper and/or paint.



Puppet Play

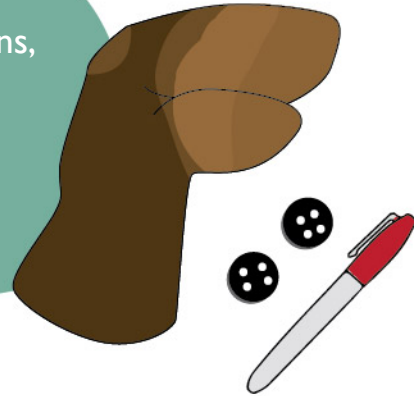
(Ages: 1-6 years)

Picture Book

(Age: 0-6 years)

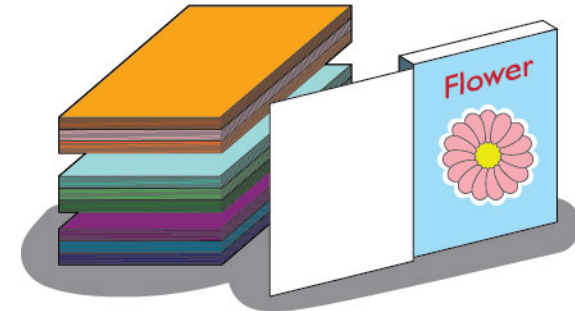
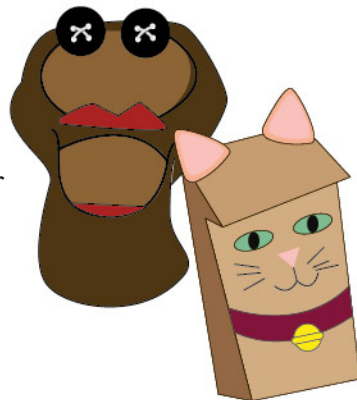
Preparation:

A big clean sock, buttons, needle and thread and coloured markers (preferably red for the mouth).



Instructions

- Put your hand in the sock first to see where to place the buttons and then sew 2 buttons on the sock for eyes.
- Draw the mouth and decorate as desired.
- Put your hand inside the puppet to play with your child.
- Alternate Materials: If socks are not available you can use small, brown paper bags, and draw the eyes and mouth on the bag with the markers.



Instructions

- Cut out pictures, shapes and colours from old magazines, newspapers, or draw your own. Glue/tape them in an empty notebook, or on blank note cards, and make pages for your book, then staple or glue the pages together.
- Start with pictures of things that the baby knows, like a bottle or a sock. Later you can make picture books of animals, or other interesting things, and add words. Page through the book with the child. Name the different animals, or make the animal sounds. For example, when you see a pig you can say "oink, oink"
- For older children you can include a story that you know well, or make up a story together. The text should be simple and repetitive. It could be a simple song, rhyme or story familiar to the children.

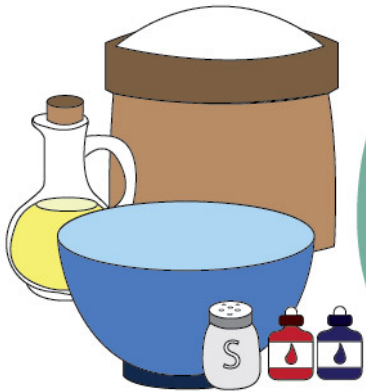


Play Dough

(Ages: 3-6 years)

Math Bag

(Ages: 3-6 years)



Materials:

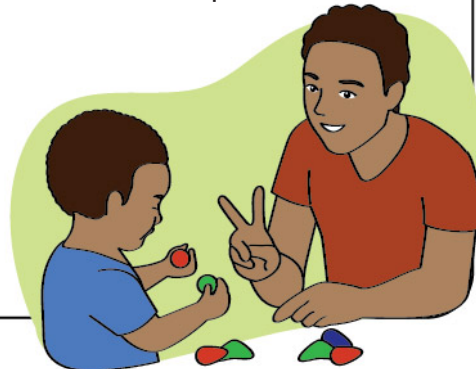
- 2 cups flour (1/4 kg)
- 1/2 cup fine salt
- 2 Tablespoons vegetable oil
- 1- 1 1/2 cup warm water
- (1 cup=235ml / 1 Aqua cup)
- Liquid Food Coloring
- 1 Mixing bowl + 1 Stirring Spoon
- Ziploc bag/Tupper ware/ any air-tight container

Instructions

- Combine plain flour and salt in a mixing bowl
- Add hot water, food coloring and oil. Mix until ingredients are combined.
- Knead well.
- If consistency is too wet add a little plain flour. If it's too dry add water and oil.
- Store the Play-dough in an air-tight container. Can be stored up to 6 months.

• Sample of Games:

Imaginative play/ Color-matching /
Color-Mixing/ Sorting/ Shape recognition /
Letter-forming/ Big-Small /
Long-Short/ Counting



Materials:

- A handful of beans - At least two different colors
- A collection of small stones – different shapes and sizes
- 10 each of a number of small objects such as: Paper clips, Straws – multiple colors, Tooth picks, Water bottle-caps, small sticks, Clothes Pegs
- Create or find a small bag or basket to hold materials. Add the suggested materials or other small items that you have available.

Math Activities

(Ages: 3-6 years)

***THE BELOW ACTIVITIES ARE EXAMPLES FOCUSING ON THE NUMBER 6.
ALL ACTIVITIES CAN BE SUBSTITUTED FOR NUMBERS BETWEEN 1-10.**

Introduce #6 using these steps:

Materials: Body Blackboard

- Write #6 on blackboard. Children write number 6 in the air and on the back of a friend.
- Invite children to clap, stamp, snap, etc 6 times each;

Designs with “6”

Materials: Sticks, notebook, pencil

- Take 6 sticks from the math bag and make a design of 6.
- Reproduce the design on a piece of paper and write the number 6.

Patterns

- Take out 6 each of three objects such as stones, shells, and seeds.
- Make a pattern using the materials.



Recognizing numerals and order

- Caregiver writes numbers 1, 2, 3, 4, 5 & 6 on paper.
- Child takes out number cards 1,2,3,4, 5, 6 and puts them in the correct order
- Caregiver checks if the child have the correct order by pointing to each number and saying it.
- Use small items from your maths bag (shells/caps/ buttons) to show how many each stands for. Place the correct number of objects under each card.

1 2 3 4 5 6 7 8 9 10

Staircase with six

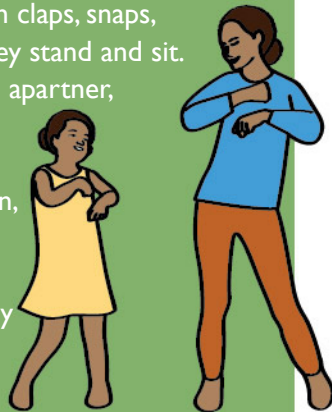
- Select number cards 1 to 6.
- Put these in order.
- Above each number put beans or bottle caps to show the number.
- Form the beans in a way that they form a stair step up to the six.
- Ask children to now form the staircase down the other side using 5-4-3-2-1 beans.

Addition & Subtraction Trains

- Take out 6 paper clips and hook them together like a train.
- Now make different length trains that add up to six. For example, 4 car train + 2 car train.
- Record these in your notebook or on a slate. How many different trains can.

Review Dance

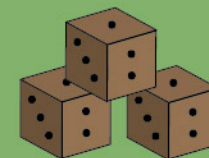
- Children clap forward in a rhythm, 1, 2, 3, 4, 5, 6 and then snap fingers as they count backward - 6, 5, 4, 3, 2, 1.
- Now children slowly rise from their seat counting forward 1-6, and then slowly sit counting backward 6, 5, 4, 3, 2, 1.
- Finally, they try to increase the counting speed with claps, snaps, rising and sitting, without losing their balance as they stand and sit.
- The last activity is like a dance. Children stand with apartner, clasp right hands together up in the air and slowly walk in a circle and count 1, 2, 3, 4, 5, 6. When they reach 5, they quickly release the hand, turn direction, slap the left hands together and walk and count backward, 6, 5, 4, 3, 2, 1. See if they can do this backward and forward until they can do it smoothly without losing a beat.



“6” Counting Race

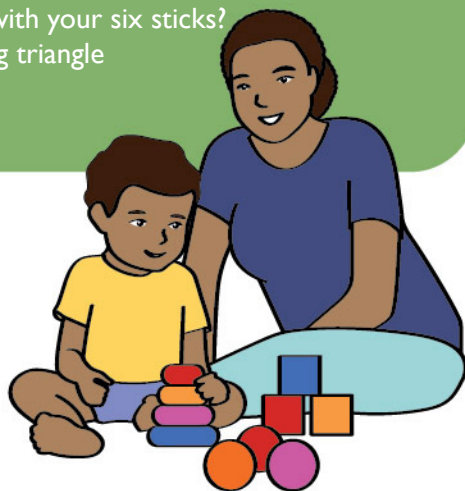
Materials: Dice

- Create a starting line and a finish line. Now you are ready for a race.
- Child and other family members line up at the starting line. First player rolls a dice and takes as many jumps forward while counting out loud eg. child rolls 4, they jump forward four times counting ‘1, 2, 3, 4’
- Each family member gets a turn.
- Repeat until someone reaches the finish line.
- First one to reach finish line is the winner.



Shapes

- For numbers that are multiples of 3 children can form different size triangles. For multiples of 4 children can form squares.
- Take out six sticks.
- How many triangles can you make with your six sticks?
- Can you use the sticks to make a big triangle

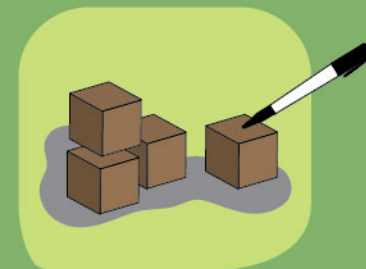


How to Make Dice:



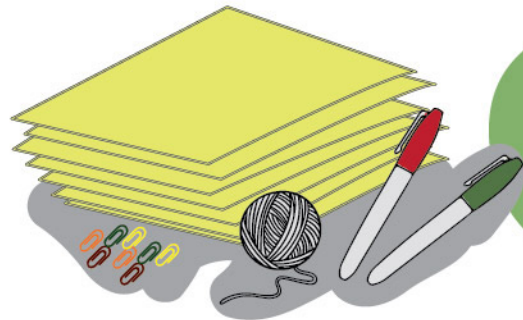
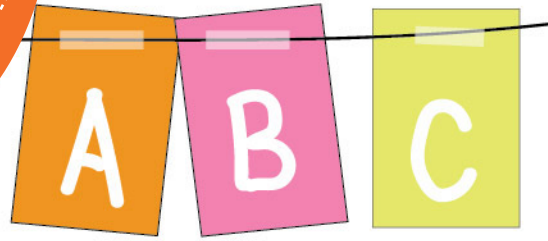
- Take a thick and long strip of wood and cut it into small cubes (about 2 cm square).

- Use a marker to draw a number of dots from one to six on each side. If there are two per child, make one die with dots and one with number symbols.



Alphabet Flag

(Ages: 3-6 years)



Preparation:

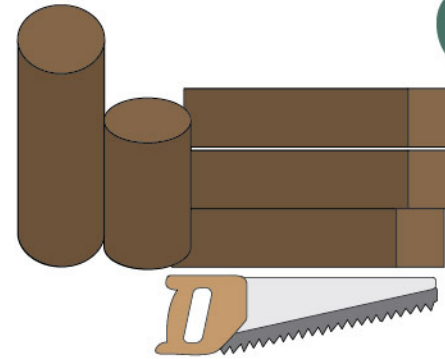
- Rope or string
- A4 pieces of paper cut in half
- Clothes pines, paper clips, short pieces of string, something to secure the letters to the long line
- Markers, colored pencils, or crayons

Instructions

- On each piece of paper, write one letter of the alphabet, be sure to include both the uppercase letter and the lower case letter on the same paper.
- Be sure to write the letters large enough for children to read from a distance.
- After doing this for the entire alphabet, securely attach your rope or long string at one end of the room and extend it to the other side of the room to securely attach it.
- Be sure to not tie the rope or string too high so that children cannot read it.
- Starting with the beginning of the alphabet, attach the small pieces of paper with the alphabet letters on it to the long rope or string.
- Do this for each letter of the alphabet, ensuring that there is equal space between each piece of paper.

Geometric Shaped Building Blocks

(Ages: 3-6 years)



Preparation:

- Thick sticks or pieces of wood
- Saw/tools to cut and shape the wood
- Sander/tool to smooth rough wood
- Paint (optional)

Instructions

- Cut pieces of wood into small geometric shapes – cubes, triangles, and rectangles – you can make as many as you have wood for. (Note: a rectangle is the size of two cubes. A triangle is made from cutting a cube in two pieces diagonally. Size of cubes should be 5 cm square; size of rectangles should be 5 cm by 10 cm. Natural wood color is best.)
- Sand or smooth each piece so there are no rough edges.
- Paint each piece using the different colors (optional).
- Store blocks in a bag or box when not in use.



Wooden Cubes

(Ages: 3-6 years)

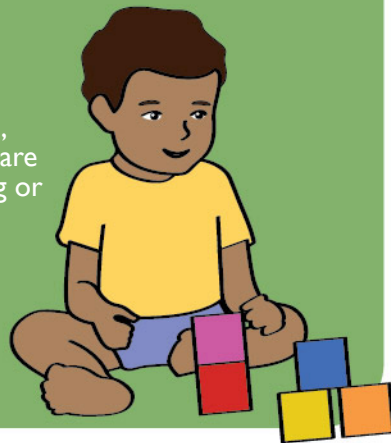


Preparation:

- Boards of wood, found wood such as legs of tables, old shelving, etc
- Saw/tools to cut and shape the wood
- Sander/tool to smooth rough wood
- Non-toxic paint or markers

Instructions

- Measure the pieces of wood into 2.5 square centimeters.
- Cut the wood so that there are 60 pieces in total.
- Sand or smooth the edges so there are no rough parts.
- Divide these 60 pieces into 6 groups of 10 squares each.
- Color each group a different color: red, blue, yellow, green, purple, orange, ensuring there are 10 blocks of each color. Store blocks in a bag or box when not in use.



Dramatic Play

Set-Ups

(Ages: 3-6 years)



Instructions

- Recreate a child sized kitchen using the materials available. Use cardboard boxes to create a table, stove, refrigerator, or other type of large kitchen items.
- Create shelves or cupboards using boxes or bookshelves and place play items in them.
- Draw on the boxes or fabric to add details that make the kitchen seem realistic.

Instructions

- Recreate a market using the materials available. Draw on the boxes and fabric to create visual details.
- Set up other materials on shelves or on tables as appropriate.

Instructions

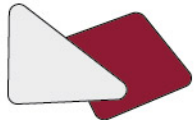
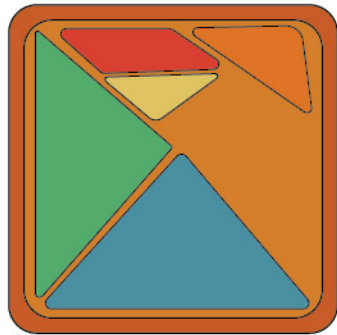
- Store all clothes in a large box, separated by type of item (hats in one box, large sheets of fabric in another, etc.)

Tangram Puzzle

(Ages: 3-6 years)

Tic Tac Toe

(Ages: 3-6 years)

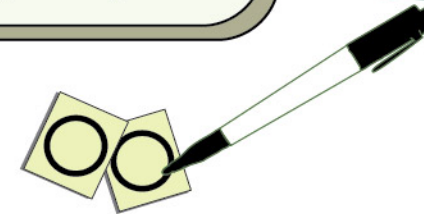
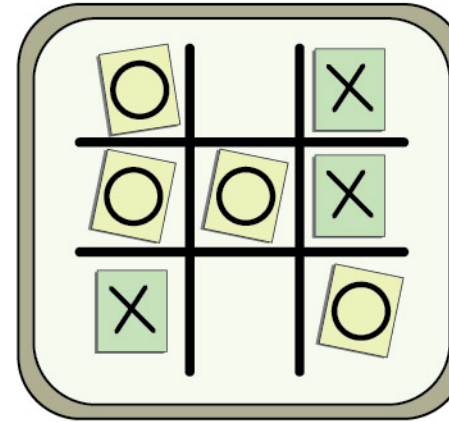


Preparation:

- One big piece of cardboard
- One big white piece of paper
- Cardboard paper
- Paint or markers
- Ruler, grey lead pencil, eraser
- Scissors/cutter
- Sticky tape

Instructions

- On the piece of paper glued to the cardboard, draw and colour one small yellow triangle shape, one medium-sized dark blue triangle shape, one large light blue triangle shape, one medium-sized light green triangle shape, one small-sized red square shape, one small-sized light orange triangle shape and one medium-sized light purple parallelogram shape.
- Neatly apply a layer of sticky tape around the cardboard so it is sturdy and long-lasting.
- Use the scissors/cutter to cut all of the shapes
- To make the tangram's model picture cards, divide a cardboard paper sheet or two into medium-sized rectangles.
- On one side of each card, draw and colour a multi-coloured shape. The card must show how the different colored pieces should be positioned to obtain the shape as a whole. The shape can be, for example, a parrot, a boat, a house, etc.
- On the other side of each card, draw the same shape but this time in one plain colour with no connections shown between the puzzle pieces.
- Neatly apply a layer of sticky tape around each card so that they are sturdy and long-lasting.
- Place all items in a medium-sized bag.



Preparation:

- 2 Medium sized pieces of cardboard
- Pen/pencil/marker
- Ruler or other straight object
- Scissors

Instructions

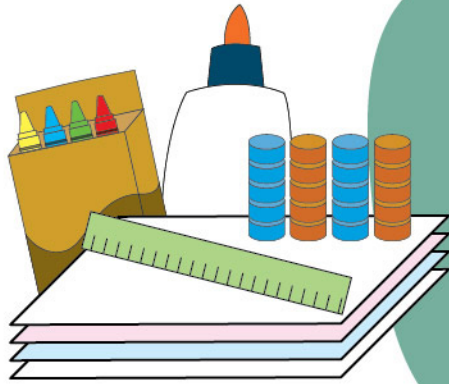
- Take one piece of cardboard and measure and cut it so that it is a medium sized square, approximately 10 cm by 10 cm.
- Using the ruler, draw two vertical lines and two horizontal lines to make a grid with 9 evenly sized boxes
- With the other piece of paper, cut 18 small squares (one square should be able to fit in one of the boxes on the other piece of cardboard).
- On nine of the small squares that were just cut out, draw a big 'X' and on the other nine draw a big 'O'.

Color Bingo

(Ages: 3-6 years)

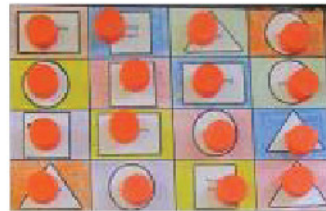
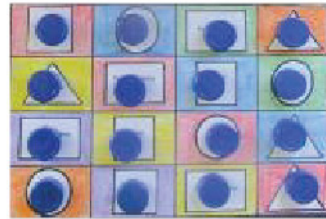
Preparation:

- Big piece of cardboard
- Two -4 paper sheets
- Cardboard paper sheets
- Markers/crayons/colored pencils
- Sticky tape
- Ruler, grey lead pencil, eraser
- Scissors/cutter
- Glue
- Plastic bottle caps (16 blue and 16 orange)



Instructions

- Each game board has 16 squares.
- A coloured shape is drawn in each square.
- The two game boards are different in some way.
- There is a set of coloured cards for each shape and colour. (There might be a green triangle, a red triangle, a yellow triangle, etc., as well as an orange circle, red circle etc.).
- One person is the caller. They mix up the cards and draw one from a special grab bag. They call out what is on the card.
- The players who have this coloured shape cover it with a token.
- The first one who covers their board calls out 'Bingo!' and wins the game.
- Then they get to be the caller for the next game.



Dominos

(Ages: 3-6 years)

Preparation:

- Big piece of cardboard
- Markers
- Ruler, grey lead pencil, eraser
- Scissors/cutter
- Stones can be used as an alternative to cardboard



Instructions

- Draw a table on a piece of cardboard and divide it into small rectangles. All rectangles must have the same dimensions.
- Divide each rectangle in half with a marker.
- Fill each half with a combination of dots (one dot in one half and two dots in the other half, one dot in one half and three dots in the other half, one dot in one half and four dots in the other half, etc.).
- Combinations must be made out of one dot to six dots.
- Neatly apply a layer of sticky tape around the cardboard so it is sturdy and long-lasting.
- Cut all of the cardboard dominos pieces with scissors or a cutter. Store all of the domino pieces in a small bag when not in use.

