

HEALTH & NUTRITION (2021-2025)



GOAL

To contribute to an increase in children aged 0-5 years who are well nourished and protected from infection and disease.



Who will we IMPACT?

- ✓ Pregnant and breastfeeding mothers, their male partners and children under five.
- ✓ Health workers.
- ✓ Faith, cultural and community leaders.



What will SUCCESS look like?

- ✓ Reduced maternal and child mortality and morbidity rates.
- ✓ Reduced malnutrition rates among children under 5 years.
- ✓ Increased community knowledge and adoption of appropriate maternal child health and nutrition practices.
- ✓ Strengthened health system to deliver quality maternal, child health and nutrition services.
- ✓ Improved attitudes and support from male partners.

What will we ACHIEVE?



665,280

Children 0-59 months reached by a trained community health worker.



277,200

Households reached with appropriate maternal, child health and nutrition messages.



92,400

Pregnant and breastfeeding women reached by a trained community health worker.



20,020

Children with moderate acute malnutrition rehabilitated.



2,400

Functional community health workers established to promote behaviour change at household level.



231

Health facilities supported to provide appropriate maternal child health and nutrition services.

How will this be ACHIEVED?

- 1 Sensitize households to adopt appropriate maternal, child health and nutrition practices.
- 2 Empower communities to demand for quality health services (e.g. improved access to essential medicines, adequate staffing of health facilities, increased financing and effective leadership) through advocacy.
- 3 Strengthen health systems through equipping health facilities and training of health workers to provide quality maternal child health and nutrition services.

OUR MODELS AND APPROACHES

Timed Targeted Counselling



Counseling services offered to pregnant and breastfeeding women and their household members to increase adoption of appropriate maternal, child health and nutrition practices.

Key activities:

- Building capacity of Village health teams with the knowledge and skills to promote appropriate and timely health and nutrition messages.
- Support village health teams to conduct home visit.
- Support the referral of community members to access health services.

Positive Deviance Hearth +



A community-led approach applied to identify and address mild, moderate and severe malnutrition in children under three years using locally available foods.

Key activities:

- Establish the nutrition status of the children in the community.
- Identify the positive behaviours in the community for replication.
- Demonstrate to mothers on how to use locally available foods to rehabilitate mild and moderately malnourished children.
- Conduct regular follow ups to sustain the new behaviours and practice.

Citizen Voice and Action for Health



Communities trained and empowered to use Citizen Voice and Action to engage with their leaders and demand for quality maternal, child health and nutrition services..

Key activities:

- Establish and train health and nutrition Citizen Voice and Action teams on gathering evidence and community feedback to inform their advocacy agenda.
- Educate communities on the minimum health care package and score card assessments at health facilities.
- Support sub-county and district level dialogues between communities and their leaders.

We are present in 17 districts:

Agago, Oyam, Kakumiro, Rakai, Kyankwanzi, Kiboga, Buliisa, Bundibugyo, Kamwenge, Tororo, Busia Bugiri, Buikwe, Mayuge, Omoro, Amuria, Pader, Karenga, Moroto, Amudat, Abim and Kotido

REACH US



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