World Vision

TIMOR-LESTE

IMPACT

REPORT

Our National Impact Report 2022
Foreword

I am pleased to share World Vision Timor-Leste’s 2021-2022 Impact Report.

This report showcases the impact of our work across the 2022 financial year. Through our partnerships with stakeholders, government and the community we have reached more than 69,000 people, over 29,000 of which are children. Our programs have provided support to children and families to improve their nutrition and health care; reduce violence and restore healthy relationships; and improve livelihoods and resilience, particularly during natural disasters.

In 2022 we evaluated our nutrition programme Better Food Better Health, finding that consumption of nutritious food increased and gender responsibilities around caregiving were now more equitable. We also expanded our Climate Resilience for All program which helped almost 6,000 people through diversifying livelihoods, encouraging household savings, and ensuring that agricultural practices are resilient to climatic shocks.

World Vision Timor-Leste (WVTL) completed Phase 1 and launched Phase 2 of our Disaster Ready program with support from the Australian Government. This reaches over 6,200 people to improve community resilience through initiatives such as geospatial risk assessment, anticipatory action, community action plans, and ensuring schools and vulnerable groups are safe during disasters.

As you read the report and appreciate the achievements, I would like to remind you that this would have not been possible without the support of the Government of Timor-Leste (national and municipal levels), financial contribution of our donors, partnership with communities and the commitment of World Vision colleagues around the world.

I particularly want to thank our dedicated staff who work tirelessly every day to ensure Timorese children are healthy and communities are strong. And lastly, a huge thank you to our outgoing National Director, Mana Migena Shulla for her leadership throughout 2022.

Thank you very much - Obrigadu wa’in.
ABOUT US

Our mission is Labarik saudável ba komunidade forte - Healthy children for strong communities.

World Vision Timor-Leste (WVTL) is part of the World Vision International partnership – one of the world’s largest non-governmental humanitarian and development agencies.

World Vision began its first project in Timor-Leste in 1995 and is now active in six municipalities: Aileu, Baucau, Bobonaro, Covalima, Ermera, and Manatuto. WVTL currently has 115 employees. In 2021/22 the annual budget was $5.1 million USD. In this financial year WVTL’s major donors included the Australian Government, New Zealand government, USAID and UNICEF.

Timor-Leste is an island country in Southeast Asia and Oceania with a population of 1.3 million, 46% who are 0-14 yrs. Almost 42% of Timorese live below the global poverty line with child stunting being the 3rd highest in the world.

OUR FOUR STRATEGIES

Ensure children enjoy good health, safe water and improved sanitation
Reduce violence against women and children
Enhance communities’ resilience and livelihoods
Disaster Response

WVTL partners with communities, local organizations, children and youth to improve the wellbeing of children. WVTL’s strategic goal is to reduce child stunting prevalence by 5% in target areas by 2025, which is supported by a combination of health/nutrition and livelihood practices, equitable nonviolent gender and family relationships, enhanced child protection practices and emergence of digital technology for financial inclusion.

IN BRIEF - WORLD VISION TIMOR-LESTE IN 2022

69,658 people reached
29,187 children reached
US$ 5.1 million
6 municipalities
21 administrative posts, 120 suku (villages), 518 aldeia (sub-villages)
15 projects supported by grants from institutional donors
115 staff
2022 IMPACT

69,658 people
15,111 girls
14,076 boys
1,836 people with disabilities
20,669 females
19,802 males
15 projects delivered with support from donors
Improving health, water and nutrition

7,996 people
3,789 females
2,194 children
178 people with disabilities

Achievements

- 284 parent clubs, covering nutrition, maternal and child health, and hygiene with over 5,428 members including care-givers of under-five-year-old children.
- Supported 131 community health workers (Promotor Saúde Familiar [PSF]) and community focal points to deliver health and nutrition services in the community.
- 5,357 women supported to access health and nutrition services and grow nutritious, iron-rich “superfoods” like red kidney bean, orange sweet potato, soybean, mung bean, moringa and eggs.
- Provided 129 maternity kits for pregnant and breastfeeding mothers in 9 health centres.
- Advocated for improved health services, with 22 villages involved in monitoring policies and service delivery standards in their communities.
- Supported 16 health posts and 4 Community Health Centres (CHC) with basic supplies to improve health service delivery in the community.

Impact

WVTI’s Better Food Better Health project evaluation in 2022

- Dietary diversity has broadly improved. Before the project, children aged 6-59 months were consuming only 2.42 food groups on average out of a possible 7. By the end of the project, this had increased to an average of 3.90. This represents an impressive 55% of children satisfying a minimum dietary diversity of 4 food groups in project areas compared to only 13% before the project started.

Projects contributing to health and nutrition outcomes:
- Better Food Better Health (BFBH) – DFAT

The project had a significant impact on shifting traditional gender roles in the household, with men significantly more likely to be involved in the feeding and caring for children.
Natalia learns better ways of growing superfoods

“I grow superfoods, chickens and produce eggs” said Natalia, a 44-year-old mother from Bobonaro municipality.

Natalia attended technical training on how to plant and process superfoods. She makes use of all these types of ingredients to produce other food such as milk, cookies, tofu, cakes, puddings, porridges, teas and satays. She received seeds, a tofu machine, a blender and chickens to support her work.

12-year-old Maria, Natalia’s daughter said: “My siblings and I consume superfoods like, milk, eggs, satays, cookies and porridge mixed with moringa three or four times a week with different recipes and ideas prepared by my mother. My Mom sometimes cooks eggs as a sandwich for my siblings and I to bring to school.

When I return from the school, I go with my parents to the farm while playing with my siblings running around the farm.”

World Vision’s BFBH Project coordinator, Judith da Costa said: “From my observation, Natalia has good knowledge and skills about superfoods. She is now a focal point and leader for the activities to spread positive information to the communities especially children and mothers. World Vision ensures communities in Bobonaro keep growing superfoods for family consumption, especially for the children, as well as for family income.”
Reducing violence against women and children

Achievements

+ 1,120 adolescents and youth members attended IMPACT youth clubs improving their life skills and acting as champions of change for healthy, peaceful and equitable relationships in their communities.

663 religious leaders and spouses trained in child protection laws and referral networks.

327 teachers trained in child protection and positive discipline.

2,075 parents mentored in positive parenting.

458 Community Police Council (KPK) and Community Action Team (EHF) members trained and better equipped to respond and report child protection and gender-based violence cases.

Impact

The Towards Future Free from Violence activity end of project evaluation showed:

- Percentage of care-givers who report improved ease of access to gender-based and child protection:
  - Before the project: 38%
  - After the project: 83%

Using 12 questions from the Conflict Resolution Scoring Index (CRSI), boys' CRSI score improved from 0.78 in 2020 to 0.89 in 2022; and girls' CRSI score improved from 0.80 to 0.92 during the same period (scores are from 0 to 1, with higher scores reflecting more positive attitudes towards conflict resolution).

Projects included:
- Towards a Future Free from Violence - DFAT
- Healthy Relationships for a Violence Free Future - USAID
- Light for Adolescents - MFAT
- Girls Empowered – UNICEF
- Adolescent protection against violence and equipped for life - World Vision Korea
A year ago, 16-year-old Bernadete had no toilet to access at school. Students including Bernadete had to use open areas to go to the toilet.

As a young girl, she felt unsafe doing this. She would often wait to go to the toilet until she got home due to feeling uncomfortable and the risk of domestic violence being high in her area.

In a rare instance, some communities in Bernadete’s area still use the traditional system adopted from their ancestors of going to an open space or the forest to go to the toilet rather than having a toilet built in their house.

To tackle those issues, World Vision funding by World Vision Korea and New Zealand established toilets in six schools, benefitting 1,849 students including 986 girls and 863 boys.

“We had big problems due to the lack of toilets,” Bernadete says. The toilets were built by the community while World Vision supported the materials. Separate toilets were built for boys and girls.

“It is crucial to raise awareness in communities especially for schools to build toilets for students. At first, we shared about sanitation and hygiene to prevent any diseases in the environment full of students,” World Vision’s area manager Irim Tolentino explains.

Teachers and students’ parents were happy to help building toilets for their children.

“Now, I feel secure and don’t have to hold myself because I have a toilet in the school,” Bernadete adds.
Improving community resilience and livelihoods

Achievements

+ 1,003 farmers (47% female and 9% with disabilities) trained in sustainable Farmer Managed Natural Regeneration (FMNR) practices focused on terracing and pruning techniques.

+ 1,000 households assisted with superfood production, with produce sold at markets to boost family incomes.

48 extension service providers and 211 parents' clubs and 5 farmers groups’ members received training on improved agricultural practices.

145 Savings for Transformation (S4T) groups established with 3,177 members (60% female) with a total capital of over US$1.3 million.

Impact

In 2022, WVTL’s Better Food Better Health project was evaluated showing:

- The number of households producing superfoods more than doubled.
- The median value of savings increased.
- The percentage of households with savings doubled.

The year-round availability of superfoods in the target villages increased significantly in Covalima, Bobonaro and Aileu; for example, prior to the project superfoods were unavailable for 2 – 3 months per year and this reduced to less than a month after the interventions.

In 2022 WVTL completed the Agricultural Innovation for Community project with the final results showing:

By applying bio-char and cow manure as fertiliser to orange sweet potato three-year yields were increased - a return on investment of $3.3 for every $1.

Compared to chicken manure, the bio-char/cow manure application for tomatoes increased two-year yields.

Projects included:
- Climate resilience for All (CR4All) - DFAT
- Accelerator funds project - USAID
- ICORE - WV Taiwan
- Agriculture Innovation for Community (Ai-Com) - ACIAR
- BHA funded livelihoods recovery - USAID
- Better Food Better Health (BFBH) - DFAT

Numbers:

26,711 people
7,578 females
10,764 children
1,166 people with disabilities

23% - 47%
US$100 - US$200
33% - 79%
22.7 tonnes/hectare to 106 tonnes/hectare
52 kgs to 89 kgs
23% - 47%
US$100 - US$200
33% - 79%
22.7 tonnes/hectare to 106 tonnes/hectare
52 kgs to 89 kgs
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52 kgs to 89 kgs
Helping farmers to adapt to climate change is critical.

The CR4All project in Aileu and Baucau municipalities, funded by the Australian Government, supported 657 farmers across eleven villages by raising awareness on disaster risk reduction and increasing resilience for the next harvest season.

Marcos, 60 years old, from Aileu is a father of eight children. He attended a training session on how to improve his farming by planting various crops and being more resilient for a long dry season.

“I learned about seed protection techniques, crops and planting practices,” said Marcos. “Before I didn’t know how to plant seeds on the farms as I only grew pak choy. Besides, I spread the seeds incorrectly in the soil, causing the crops to not grow well.”

World Vision facilitated community meetings to assess local vulnerability and to identify the risks. The communities were then supported to develop their farms using modern methods.

This was achieved by working with the municipal disaster management committees which involved the Department for Civil Protection, Ministry of Agriculture, and village councils. Marcos received seeds including onions, tomatoes, pak choy and agricultural equipment.

“I felt motivated because I have options to plant crops and now it grows well in seasons. The crops I grow are for family consumption as well as for sale,” Marcos added.

His income increased by $3.00 per day which he can use towards his children's school fees and other needs in the family.
Disaster Response

Key achievements

- Over 4,890 households reached with 20,053 reached via disaster response programs. Over 8,000 additional people reached via other programs with a disaster response component.
- Ongoing assistance to communities in Dili, Bobonaro, Aileu and Baucau municipalities in response to Tropical Cyclone Seroja and COVID-19 pandemic including the installation of 15 handwashing stations in Dili.
- Distribution of 800 hygiene kits, 900 food baskets, 270 household/family kits, and 270 family kits.
- Installation of 2 water points in Bobonaro and repairment of 3 water piping in Baucau municipalities.
- Provision of livelihoods recovery for the 1,450 farming households in Aileu, with vouchers for seeds, agricultural hand tools and seed storage containers.
- Establishment/Revitalisation of Suco Disaster Management Committees (SDMCs) in Bobonaro, Aileu and Baucau project areas, with women representation increasing from 0% to 27%.

Impact

Post-distribution monitoring of Tropical Cyclone Seroja response programs in Aileu and Bobonaro showed:

| Over 95% | households in Aileu were satisfied with tools and seeds purchased through the voucher system. |
| Growing from 44% to 83% at the end of the project, | households in Aileu strengthened livelihoods by using kitchen gardens. |
| Over 87% at the end of the project | adopting new climate smart agriculture techniques. |
| 100% | respondents in Bobonaro reported they have applied new agriculture and nutrition techniques because of training. |
| 90% | people in Bobonaro people reported they were using their seed storage containers. |

World Vision Timor-Leste’s Disaster Response programs aim to both respond to disasters and build communities’ resilience for any future disasters. Through the Australian Humanitarian Partnership consortium, WVTL is also supporting the government to be able to respond to emergencies.

Projects included:
AHP COVID and Flood Response – DFAT, Start Fund
AHP Disaster Ready Preparedness & Performance Partnership Fund – DFAT
MFAT DRP – MFAT
World Vision, through the Australian Humanitarian Partnership (AHP) is supporting communities in Bobonaro municipality in disaster risk management by protecting water springs from animals and other contamination and building an early warning system.

In the dry season, Marques faced additional challenges with the lack of water. His children suffered diarrhea through consuming contaminated water. This also had an impact on Marques’ farm as it was difficult to grow crops consistently. Another challenge was the landslides that occurred due to drought, damaging the soil as well as crops planted. Seeing these challenges, Marques and others from the same village started to rebuild the spring close to their house. World Vision supported the communities with nets, sand, cement and transport, including local materials such as stones, wood and other traditional materials from the community. World Vision also provided capacity building for community members on how to build a safe and clean water source using the materials provided.

“Now, we can consume clean and healthy water, as it is protected from animals and trash,” said Marques. While supporting water protection and the establishment of early warning systems, World Vision also supported capacity building for suku council members and community members. This included training on gender equity and social inclusion, women in leadership and men and boys’ participation in disaster risk management.

“World Vision has supported five water springs [in] 10 sub-villages from four villages in Bobonaro’s municipality,” said Zito Soares, World Vision’s Project Coordinator. This ensures that communities can rely on their own water resources as they have learnt sufficient skills and knowledge to be better prepared if a disaster occurs. From this intervention, local authorities and communities are better equipped to monitor and maintain good water conditions in the foreseeable future.
## Our Partners

### Civil Society and Private Sector
- Al-Com
- Aileu Assembleia de Deus
- Aileu Women’s Development and Action
- Alola Foundation
- Asistensia Legal ba Feto no Labarik
- Ba Futuru
- Blind Union TL
- CARE International
- Catholic Church
- Catholic Relief Services
- Mercy Corps
- Church of Christ
- Cruz Vermelha de Timor-Leste
- Institute for Enterprise Development
- Plan International
- Protestant church in Timor-Leste

### Government
- Ministry of Agriculture and Fisheries
- Ministry of Tourism, Commerce and Industry
- Ministry of Education
- Ministry of Health
- Ministry of Interior
- Ministry of State Administration
- Ministry of Social Solidarity
- Policia Nacional de Timor-Leste (PNTL)
- National Directorate for Climate Change
- National Directorate for Water Services
- National Health Institution
- Aileu Municipality Administrator
- Baucau President of the Authority
- Bobonaro President of the Authority
- Covalima Municipality Administrator
FY22 Expenditure Overview by Sector

- **Child Protection**: $1,366,877 (27%)
- **Health and Nutrition**: $1,307,187 (26%)
- **Disaster Mitigation**: $1,239,959 (29%)
- **Emergency Response**: $663,216 (14%)
- **Agriculture and Food Security**: $191,207 (4%)