

STORIES OF IMPACT

From Bajhang

IMPLEMENTING PARTNER

Dalit Help Society



PROGRAM FEATURES

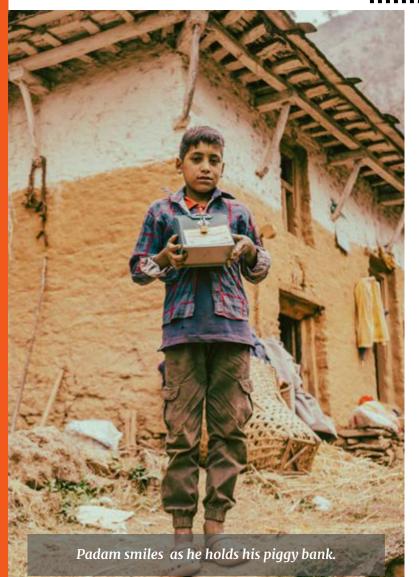
Nutrition and Resilient Livelihood Programme

Pragitishil Yuwa Samaj



Inclusive and Quality Education Programme
Protection and Community Engagement and
Sponsorship Programme

THE BOY WHO SAVED FOR A CAMERA



Piggy Bank Initiative

Padam hails from a small, peaceful village which is far away from the city's bustling noise. His village is untouched by modern development; there are no electricity lines, no paved roads, and no fancy stores. Life here is simple, with nature and tradition playing a major role in daily life.

Padam, the youngest son of Harina, lives in this quiet village. At 13 years old, he studies in Grade 5, a little older than most of the other kids in his class. Although his village does not offer many comforts, Padam has developed a valuable habit that has set him apart: the habit of saving.

Padam's saving journey began when World Vision International (WVI) Nepal and Pragitishali Yuwa Samaj (PYS) Bajhang introduced the Piggy Bank Initiative in his community. As a registered child of World Vision, he received his very own piggy bank; a small gift that would spark a big dream. From that moment, he began saving any small amount he could from dakshina (money offered in the form of a blessing) during festivals to leftover lunch money.





His motivation grew even stronger when one day, a visitor came to their village carrying a camera. Padam watched in awe as the visitor clicked pictures of the people and the scenery. He was fascinated by how a small device could capture the beauty of the village and its people in just a click. "One day, I'll have my own camera," he quietly told himself. "And I'll take beautiful pictures of my village too."

With that dream in his heart, Padam became even more focused. Every day, he saved small amounts in coins and notes of 10, 20, 50, and sometimes even 100 rupees. He collected money from festival gifts and by saving the remaining amount from his lunch expenses at school. Slowly, over one year, his savings reached 7,000 rupees.

At home, his mother, Harina, often helps him count the money. Sometimes, seeing his dedication, she adds a small amount to his savings too. She smiles with pride and always encourages him to stay true to his dream.

Padam's story shows that even small efforts can lead to big goals. With love from his family and support from the piggy bank, he is learning that a little saving can go a long way and that even a simple piggy bank can hold more than money. It can hold hope.

STANDING UP FOR CHILDREN: GODAWARI'S STORY

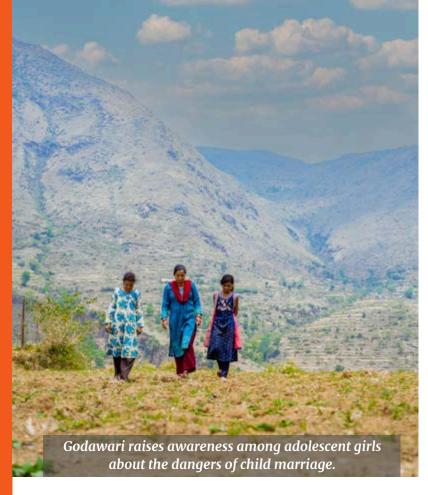
CRC Member



At 28, Godawari is not just a ward member, she's a protector, a listener, and a quiet fighter for children's rights. For the past two years, she has been serving as an active member of the Child Rights Committee (CRC), making sure that no child is left unheard or unseen.

In every ward meeting, Godawari makes sure to speak about child rights. Whether it's child marriage, chhaupadi, domestic violence, or caste-based discrimination, she believes these are not the things to hide, but they are they are problems to be talked about openly. "If we don't talk, nothing will change," she often says.

Godawari doesn't just raise her voice in meetings, she works on the ground too. She regularly visits schools, talks to teachers, and collects data related to children's wellbeing. She also takes part in emergency support activities when children or families are in crisis.



"I thank World Vision for trusting me with this responsibility. It gave me a chance to serve children in my own community and become their voice."_Godawari Says.

One of the most exciting things she has done is oragnising self-defense training in the village. In coordination with the committee, she helped conduct four rounds of training for students from grades 6 to 10, reaching over 120 students. Through this three-day training, children learned how to protect themselves, build confidence, and become more aware of their surroundings.

"Before the training, many children were shy and afraid to speak up," says Kalpana, one of the facilitators. "But after the sessions, they began to understand their rights and speak with more confidence."

Godawari has seen many small but powerful changes. Girls now report unsafe situations more openly, children ask questions in school, and parents are starting to listen more closely.

Her dream is simple- to build a community where every child feels safe, valued, and heard. And with every meeting she attends, every training she helps run, and every child she listens to she's getting closer to that goal.

FOUND MY VOICE IN READING CAMP



Community Reading Camp

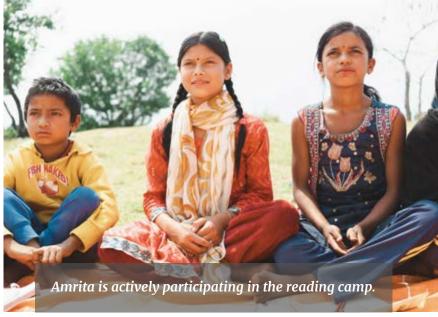
Amrita, a bright-eyed little girl from the small village of Bajhang, just stepped into class 5. She passed class 4 with a big smile on her face, not just because she got good marks, but because she had made her parents proud. Out of 59 students, she stood 10th.

Every morning, she wakes up at 7, freshens up, helps her mother with household chores, and prepares for school. Her father works as a blacksmith, while her mother looks after the home. Life is simple, but for Amrita, dreams are big. She wants to become a singer, poet, and painter.

"I felt a little sad knowing I was too old to join the Reading Camp, so I asked our facilitator if I could still be part of it somehow."_ Amrita Says.

Amrita started attending the Reading Camp when she was in grade 2 and continued until grade 4. Although she's now too old to be a participant, the impact of those years has left a lasting mark. The Reading Camp opened a new world for her, a space where she could play, sing, create, and most importantly, express herself freely.





"In the beginning, she was very shy and afraid to speak," said Kalpana, the Reading Camp facilitator. "But with regular activities and encouragement, her confidence improved a lot. Even her studies have become better."

The camp includes a variety of fun and educational activities: games like Cat-and-rat, and Rumal Chor, traditional songs and rhymes, content briefings, story narration, and drawing and painting sessions. One unique activity Banau ra Laijau (Craft it and Take it), encourages children to create something and take it home, which helped Amrita start her very own reading corner at home, where she proudly displays her paintings and writings.

Another regular habit developed at the camp was journaling. Children write about their daily experiences and what they enjoyed most, helping them improve their writing and reflective skills.

Amrita loves Nepali literature, especially the stories and poems that are fun to read and easy to understand. "I like poems because they sound like songs," she says with a smile. Along with reading, she also enjoys drawing and painting, two things she picked up at the Reading Camp. "When I read a story, I imagine it in my head and then draw it," she adds proudly.

Ever since she joined the Reading Camp, Amrita has become more confident. She's no longer afraid to speak in front of others, and recently, she even won first prize in her school's drawing competition- something she proudly says she learned and practiced during the camp's art sessions.

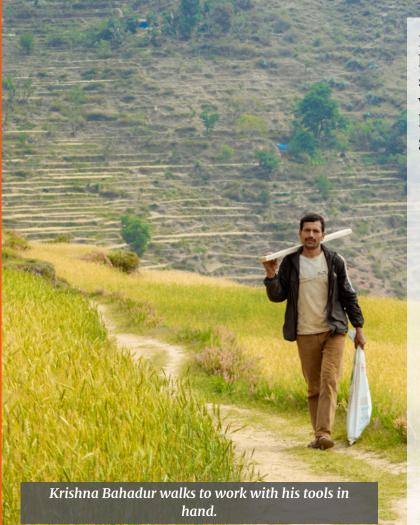
Her parents are proud of how far she has come. Although she's no longer in the camp, the lessons she learned and the habits she built continue to shape her journey as a learner, a dreamer, and a confident young girl with a voice of her own.

Amrita may be small, but her dreams are not. With a heart full of stories and a voice that now sings freely, she's ready to take on the world one song, one poem, and one smile at a time.



CRAFTING SAFETY, CREATING CHANGE

Nutrition and Resilient Livelihood Programme



In a remote village nestled in the hills of Bajhang, Krishna has been shaping homes and hopes for over two decades. A skilled mason, he started working at the age of 16 a time when education took a backseat to survival. Financial hardship forced him to leave school early, but he never let go of the dream of a better life for his children.

"For us, food on the table came first. But in my heart, I always wanted my children to study," he says.

Before receiving any formal training, Krishna earned about 30 to 40 thousand rupees a month — just enough to support the family but not enough to build long-term stability. Everything changed when he became part of WVI Nepal's Nutrition and Resilient Livelihood Programme, through which he received a 7-day machine-based training. The programme equipped him with modern construction knowledge, including earthquake-resilient techniques using wooden beams and locally available materials.

His learning came just in time. On October 3, 2023, Bajhang was struck by a series of earthquakes. Even though the shocks were not stronger than 6.3 in magnitude, it caused widespread fear and damage, especially to old mud and stone homes. In contrast, homes built using earthquake-resistant techniques stood firm, making this new approach to housing even more relevant and urgent in the region.

"After the earthquake, people realised how important strong homes are," Krishna says. "They started trusting the new way of building."





Since completing his training, Krishna has built 37 houses, including eight earthquake-resilient homes in his own community. His income has improved, but more importantly, he now feels that his work protects, lives and creates security for families like his.

With this steady income, Krishna is doing what he always hoped for, giving his children the education he missed out on. His eldest son is currently studying for his Bachelor's degree in Mahendranagar, a source of immense pride for the family.

He dreams of starting his own construction business in his hometown building earthquake-resilient homes and helping his community stay safe, one house at a time.

GROWING DREAMS IN BAJHANG

Protection and Community Engagement Sponsorship Programme

In Bajhang, seven-year-old Pramita walks to school with a shy smile and hopeful eyes. She is in Grade 4 now, and while her journey is still beginning, her story is already a powerful example of what steady support and care can do for a child.

Pramita is a Registered Child (RC) of World Vision under the Child Protection and Sponsorship programme, which works to protect children and support families through community-based development. For Pramita, this sponsorship gave her more than just support; it gave her a chance to grow.

Her family comes from a humble background, and with five children to raise, her father often struggled to provide nutritious meals and cover school expenses. But change began to take root when he received support from the Nutrition and Resilient Livelihood Program. Impressed by his dedication and willingness to learn, the program helped him set up a demonstration plot- small farm where improved farming techniques could be practiced and shared.







With the new knowledge and steady income from the demo plot, the family's life started to shift. The farm now produces vegetables and seasonal crops, which not only feed the family but also bring in a modest income. This has meant more nutritious food on the table and less financial worry especially when it comes to Pramita's education.

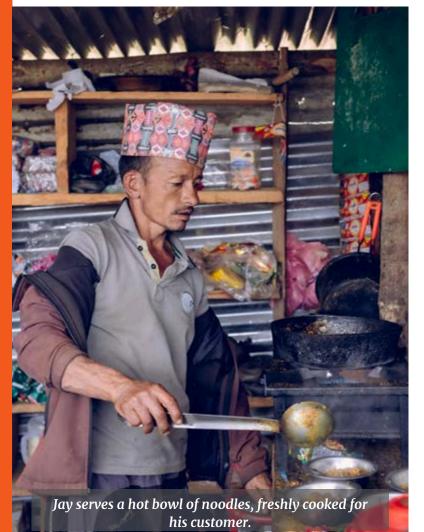
"Before, I used to worry about how I would manage with all the children," her father says. "Now, this land is helping me raise them stronger."

Pramita, once quiet and withdrawn, has also changed. Thanks to regular visits and encouragement from the RC field facilitator, she has begun to open up participating in class, speaking to new people, and expressing her thoughts with more confidence. Her father dreams of seeing her become a teacher one day.

Through simple but meaningful support - a sponsorship connection, a plot of land, a few kind conversations — an entire family's future is slowly being reshaped.

A SMALL HOTEL, A BIG CHANGE

Nutrition and Resilient Livelihood Programme



Bajhang is a rugged, remote district in Nepal's Far-West – among the province's most rural and underdeveloped areas. Its deep cultural heritage draws thousands of pilgrims for festivals. In this setting, 49-year-old Jay Lal lives in a beautiful hill village in Bajhang. The area is popular for its festivals and is a local tourist spot. Many people visit this place, but in the past, there were no hotels or places to eat. Visitors had to walk to nearby villages to find shelter or food, which was difficult and uncomfortable.

A father of three, he followed the common path of seeking work abroad: Jay spent years in India where he learned new cooking techniques. When he returned to Bajhang, he found that farming on the family's small land could barely provide enough for family and children's education.

Jay has three children who are now studying. He wanted to do something that could earn more money. Seeing his interest and situation, the field staff from DHS, Bajhang, suggested that he open a small hotel. They also helped him through the Nutrition and Resilient Livelihood program, supported by WVI Nepal.



The project gave him materials like metal sheets to build a temporary kitchen and dining area. They also gave him cooking tools and utensils. With this support, Jay opened his hotel. Now, he cooks and serves noodles, chow mein, eggs, tea, and full meals.

His hotel is doing well. On normal days, he earns around NPR 1,000. During festivals, he can earn between NPR 70,000 to 100,000. With the money he saved, Jay built a small lodge where tourists can now stay overnight.

"Before, there was no place to rest or eat," says a visitor. "Now we can enjoy the festival without worry."

Because of this business, Jay is now able to support his family better. His oldest son is studying for a Bachelor's degree something that once seemed impossible.

Jay is proud of his progress. "This hotel changed my life," he says with a smile.

This story shows that with the right support and skills, life can change for the better even in the hills of Bajhang.

IMPACT OF PRINT-RICH CLASSROOM

Inclusive and Quality Education Programme



A print-rich classroom is more than just a space—it's a learning environment where words are everywhere. From posters and charts to labeled classroom items and minilibraries, children are surrounded by text they can touch, read, and explore. This kind of setting helps students recognize letters, build vocabulary, and better understand how reading and writing connect to daily life

From Bajhang, seven-year-old Himal, a Grade 3 student, used to struggle in school. Although he dreams of becoming a police officer, he found it difficult to read or write. Letters looked confusing, and forming words didn't come easily. In a class of 28, he often felt behind.

Himal is a registered child under World Vision International Nepal, which focuses on inclusive and quality education as a core part of its work—especially through its Inclusive and Quality Education (IQE) program. This program aims to improve access, participation, and engagement in education for all children, including those from marginalized groups, such as children with disabilities or those from specific castes and ethnic communities.



"I like reading now," Himal shares softly. "I want to wear a police uniform and help people one day."

With support from the IQE program, Himal's classroom was redesigned to be print-rich full of learning materials like word walls, charts, books, and picture cards. These tools made it easier for students to connect with what they were learning.

Prem, the school's principal, noticed how children in the class began to interact more during lessons. "They're more focused and curious now," he says. "They learn by seeing and using the words around them."

Himal began exploring the classroom more actively. He pointed at new words, matched pictures with names, and read stories with the help of his teachers. Slowly, reading started to feel less like a task and more like a discovery.

Over time, Himal's confidence grew. His teachers say he is more engaged in class and has started to enjoy reading. By the mid-year assessment, he was ranked third in his class, a big achievement for a student who once found letters hard to follow.

Himal's story shows that when children are given the right learning environment and encouragement, they can make steady progress.

THE CHANGES BROUGHT ABOUT BY GOAT FARMING

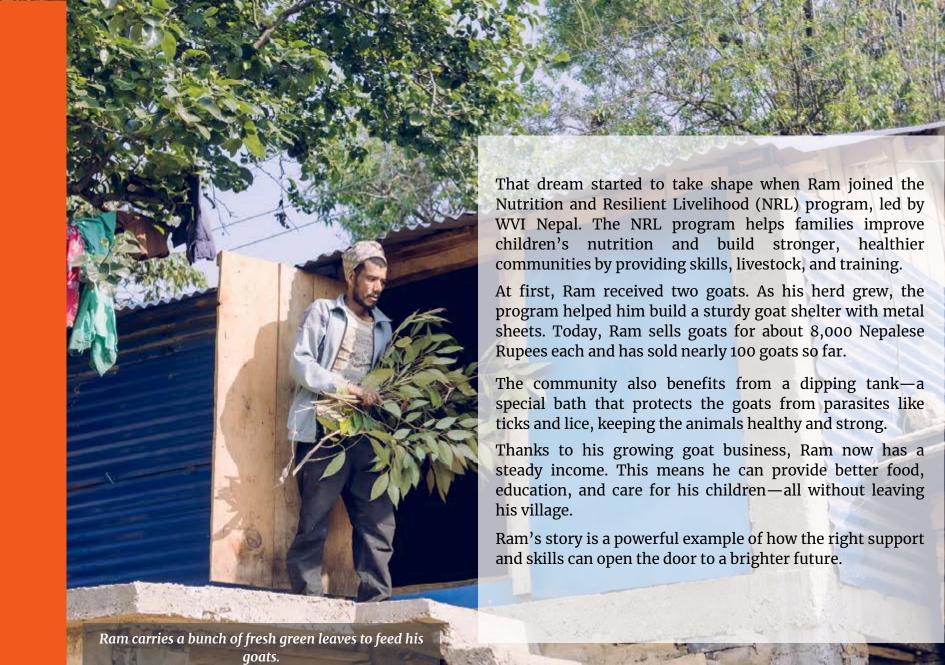
Nutrition and Resilient Livelihood Programme

Every morning, as the sun rises over the hills of Bajhang, Ram, 37, opens the door of his goat shed and gently leads his goats to graze in the nearby forest. This daily routine is not just a task — it's the start of a new hope for his family.

Ram has four children, two daughters and two sons. For years, he worked hard in the fields and even traveled to India for several years to earn a living. Although he wanted his children to get a good education, money was often tight. Two of his children are registered with World Vision, which helped them attend school, but Ram dreamed of a stable income that would let him stay close to home.

"I no longer have to go far to find work," Ram says with pride. "Now, I can support my family right here at home."





SYANE SILAY KATAI: STITCHING A BETTER TOMORROW

Nutrition and Resilient Livelihood Programme



In the remote hills of Bajhang, life isn't always easy. Many families depend on daily labor or small-scale farming. For those with limited education or generational skill-based occupations, access to regular income or formal employment has remained out of reach.

Syane, 48, is a skilled tailor who learned his craft at a young age. For years, he moved from house to house with his sewing machine, stitching clothes in exchange for food grains like rice and lentils. He never had the chance to attend school and couldn't even count money properly. Supporting his large family of nine members was a constant struggle.

With support from WVI Nepal, through the Nutrition and Resilient Livelihood (NRL) programme, Syane was able to set up a small tailoring shop along the road. The new location brought more visibility and customers, especially during the busy seasons when people prepare for festivals, school, and weddings.

school dress perfectly.





Today, Syane proudly runs "Syane Silay Katai", his own tailoring business. He stitches two to three sets of clothes every day, earning about NPR 2,000 daily. With this steady income, he has paid off his family's debt and now sends his youngest child to an English-medium school—a dream he once thought impossible.

"I used to stitch from morning till night and still worry about how to feed my children," he says. "Now, I have my own shop. I can plan ahead and give my children better opportunities."

The NRL program, implemented by World Vision International Nepal, aims to improve children's nutrition and help families build resilient livelihoods through training, material support, and improved access to services. Syane's story shows how even a simple skill, with the right support, can lead to a life of dignity and hope.

KNITTING WARMTH AND HOPE

Nutrition and Resilient Livelihood Programme



High up at 2,800 meters in the icy hills of Bajhang, mornings are a battle against the cold for 42-year-old Kithi. She lives in a small stone house with her two school-aged children and her elderly mother, bundled in layers just to stay warm. With her daughter already enrolled as a registered child with World Vision, Kithi no longer worries about school fees—but feeding her family and keeping them warm through winter remained daily struggles

Last autumn, everything began to change. Through the NRL program, Kithi received a knitting machine, quality wool, and basic crafting supplies. At first, she was nervous. "I'd never used a machine before," she admits. "My first sweater had uneven stitches, and the jacket sleeves didn't match." But with hands-on guidance from a local trainer, she practiced day after day until her sweaters and jackets grew neater, stronger, and perfectly warm.





Today, Kithi's small courtyard workshop hums with productivity. Using 1kg of wool to knit three sweaters, and half a kilo for each jacket, she charges NPR1,200 per piece. Villagers praise her work: "These sweaters keep out the mountain chill better than any I've bought in town," one customer tells her. In the peak winter months, she sells 50 to 60 sweaters, earning NPR60,000–72,000 in just a few months enough to stock up on staples, buy warm blankets, and set aside a bit for spring planting

For Kithi, the real reward is watching her children thrive. "Last winter, my son shivered through classes," she recalls. "This year, he arrives warm and ready to learn." With her extra income, she's also begun sharing her new skill training with two neighbors who lost seasonal farm work to build their own knitting businesses.

Kithi's story isn't just about sweaters and jackets. It's about a mother turning a single machine and some wool into reliable income, brighter classrooms, and warmer homes. In a place where cold is constant and chances are few, her hands now craft not just knitwear, but the very threads of hope for her family and community.

A MOTHER-DAUGHTER JOURNEY OF RESILIENCE

People with Disabilities



Sarswoti is a 13-year-old girl from a rural village in Bajhang. She lives with her parents and two brothers. Born with a disability, Sarswoti has faced many challenges growing up, especially in a family with limited income and traditional farming practices.

Her parents worked hard on their small piece of land and raised a few cattle, but it wasn't enough to support the family. Financial struggles often meant Sarswoti missed out on nutritious food and a stable learning environment.

Everything began to change when her mother joined the Climate-Field School (CFS) supported by WVI Nepal and Dalit Help Society. Through the training, she learned modern, sustainable farming techniques such as tunnel farming, mulching, drip irrigation, and making organic fertilizer called Jhol Mal.



Eager to improve her family's life, Sarswoti's mother started applying the new methods on their farm. With the use of plastic tunnels, they began growing vegetables even during the off-season. Their income increased, and with it, so did their hope.

Thanks to her mother's learning, Sarswoti now attends school regularly. She gets nutritious meals at home, and the family no longer faces daily financial stress. Although she lives with a disability, the love and support from her family and the knowledge her mother gained are helping her thrive.

This story is one of many showing how empowering parents with knowledge can transform the lives of children. Through the CFS program, over 200 farmers like Sarswoti's mother have been trained building stronger, healthier futures for their children.

FROM READING CAMP TO A GOVERNMENT TEACHER

RCF: Reading Camp Facilitator's Journey



Pushpa, a 27-year-old woman from Bajhang, once believed that big dreams weren't meant for girls like her. Married early and coming from a poor family, she had two children by the time she was in her early twenties. Life was not easy, and she only hoped to be financially independent enough to support her children's education.

In 2020, Pushpa joined a Reading Camp in her community as a facilitator under the Inclusive and Quality Education Program, implemented by Pragatishil Yuwa Samaj (PYS) Bajhang in partnership with WVI Nepal. At first, it was just a way to earn a small income, but gradually, her heart found joy in working with children.

Every holiday, Pushpa wakes up early to prepare for the Reading Camp. She hangs storybooks for the children to reach easily, places posters on the walls, and gets everything ready before the camp starts at 8 AM. Her dedication shines every day, and each year, at least 25 children graduate from her Reading Camp with stronger reading skills and a love for learning.



As she spent more time with the children, Pushpa discovered a passion for teaching. She learned how to engage young learners, make reading fun, and spark curiosity in little minds. These experiences became more than just daily; tasks they became her training ground.

In 2025, Pushpa's dream will finally take a new shape. She has passed the Teacher Service Commission exam and will soon begin teaching at a government school. She credits her success to the years spent leading the Reading Camp, saying, "I was already teaching children every day. That experience gave me the confidence and skills I needed."

Pushpa's story is a powerful reminder that investing in one woman's opportunity can impact an entire generation of children. What started as a humble role in a community reading space has now transformed her life and will continue transforming many more.

MAUVERI BASIC SCHOOL: A MODEL OF INCLUSIVE LEARNING

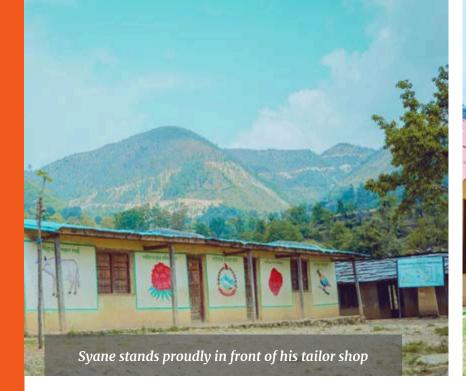
Nutrition and Resilient Livelihood Programme



Located in the peaceful village of Lotu, Maubheri Aadharbhut Vidyalaya has served the dreams of local children since 2056 BS. For many years, however, the school faced difficult challenges—limited space, combined classes for early graders, and a lack of proper infrastructure. The original building, built decades ago, could no longer support the growing number of students. Yet, the community's faith in education never wavered.

With the increasing number of students—now totaling 185, with 25 joining in recent years—the need for a better learning space became urgent. Thanks to the support from the Inclusive and Quality Education (IQE) program, a new earthquake-resilient and disability-friendly building was constructed.

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Each classroom was designed to be print-rich, filled with child-friendly visual materials that spark imagination and improve learning. The change was so noticeable that the community began talking about it proudly, referring to it as a model school. Parents, teachers, and local leaders alike celebrated the transformation—highlighting how this new environment was giving their children the education they had long hoped for.

Along with the building, safe and inclusive WASH facilities were also introduced, making it easier for children, especially those with disabilities, to attend school with dignity and comfort.

For the first time, according to the principal, the school has enough space for all students and teachers, creating a positive, peaceful learning atmosphere. Smiles now fill the bright, colorful classrooms, where every child feels included, seen, and supported.

Today, Maubheri Aadharbhut Vidyalaya stands not just as a school—but as a symbol of inclusive, quality education and a future full of possibilities.

INCLUSION BEGINS WITH RECOGNITION

Protection and Community Engagement Sponsorship Programme

Khagendra is a 12-year-old boy from a vulnerable family in Bajhang. He was born a healthy child, but at just nine months old, his body began to swell, and he became partially paralyzed. Unfamiliar with medical care, his parents took him, took him to several traditional healers. Despite many efforts, Khagendra's condition did not improve—in fact, it worsened.

As time passed, he lost the ability to speak. He also developed a behavior of running away from home whenever left alone—sometimes running until his body could no longer move. Though he appears physically fit, Khagendra lives with a hidden disability that affects his daily life in deep and challenging ways.

Recognizing this, PYS Bajhang, in collaboration with WVI Nepal, organized a health camp under the Protection and Community Engagement and Sponsorship Plan (P-CESP). There, Khagendra was finally assessed and identified as a child with a disability.



Khagendra's mother on the way to the hospital with him.



Because his condition was not easily visible, he had never received a Disability Identity Card (DIC)—a key document for accessing government services and support. But through the project's continuous advocacy and coordination with the local government, Khagendra's family received the support they needed. They were also provided material support to strengthen their income and ease daily challenges

Finally, after years of being overlooked, Khagendra received his Disability Identity Card. This small card carries big meaning—it opens the door to services, benefits, and a future where he is seen, recognized, and supported.

His story is a reminder that inclusion begins with recognition, and that every child, regardless of their ability, deserves to be counted.

SCAN HERE FOR SOCIALS













