

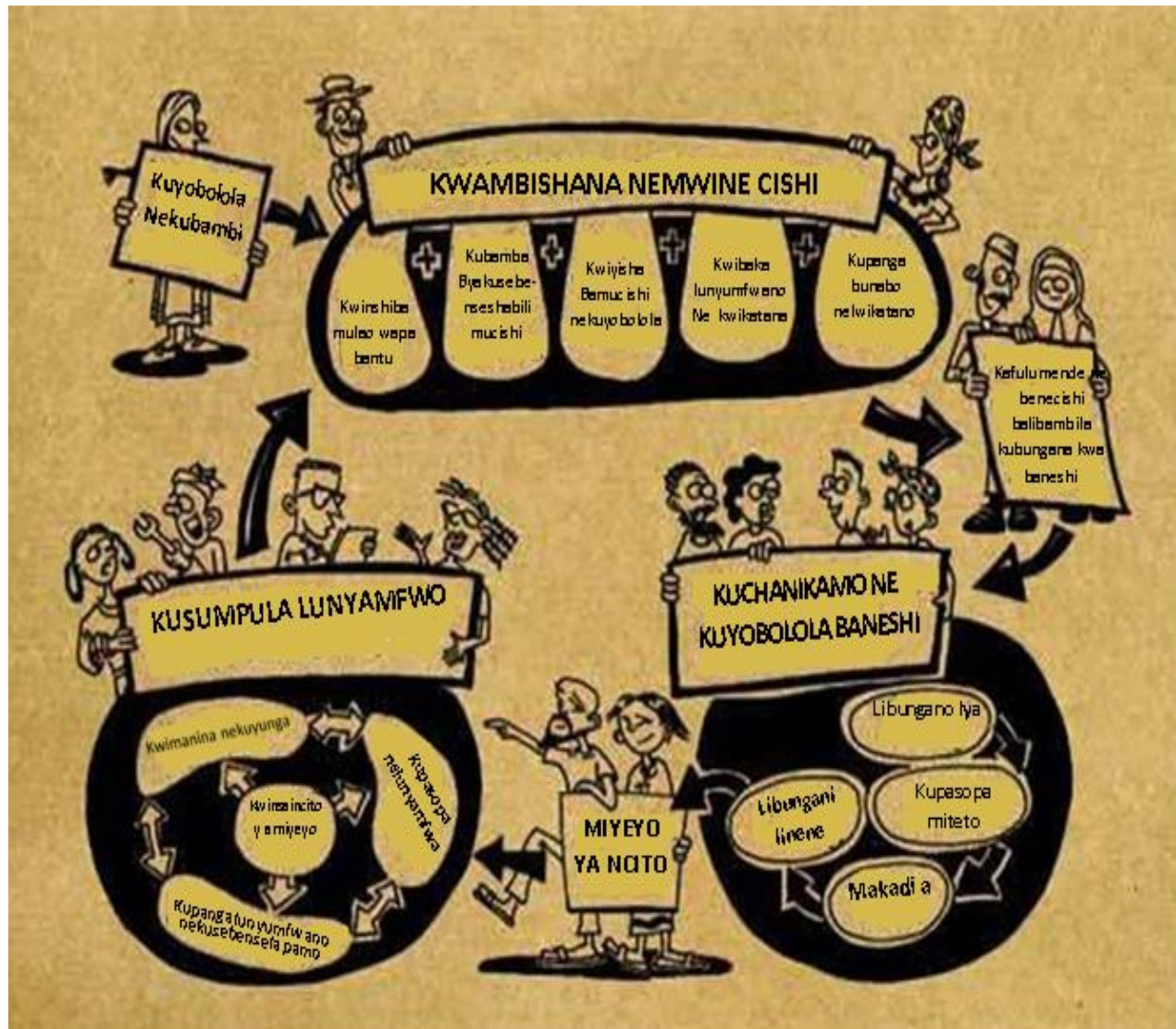
**LISWI NEBYAKWINSA BYA BENE CHISHI,
BUKU LISHI KUNYAMFWILISHA PAKUSEBENSA
MUMASENA ASHIYANA-SHIYANA**



CVA ikute kuleta pamo basebenshi baneshi ne kafulumende kwambeti incito sheendenga cheena.



BYONSE KUBILANGILA PAMO



Liswi lya bene cishi ne inchito yenshibikwa ikute kucinja nshila ng' abishanino pakati pa bantu ba mucishi ne kafulumende kwambeti Inchito shibe cheena, mbuli kupasopa pa buyumi ne kwiiya, chikute kukuma pa buyumi bwa busuba ne busuba bwa bana ne mikowa yabo.

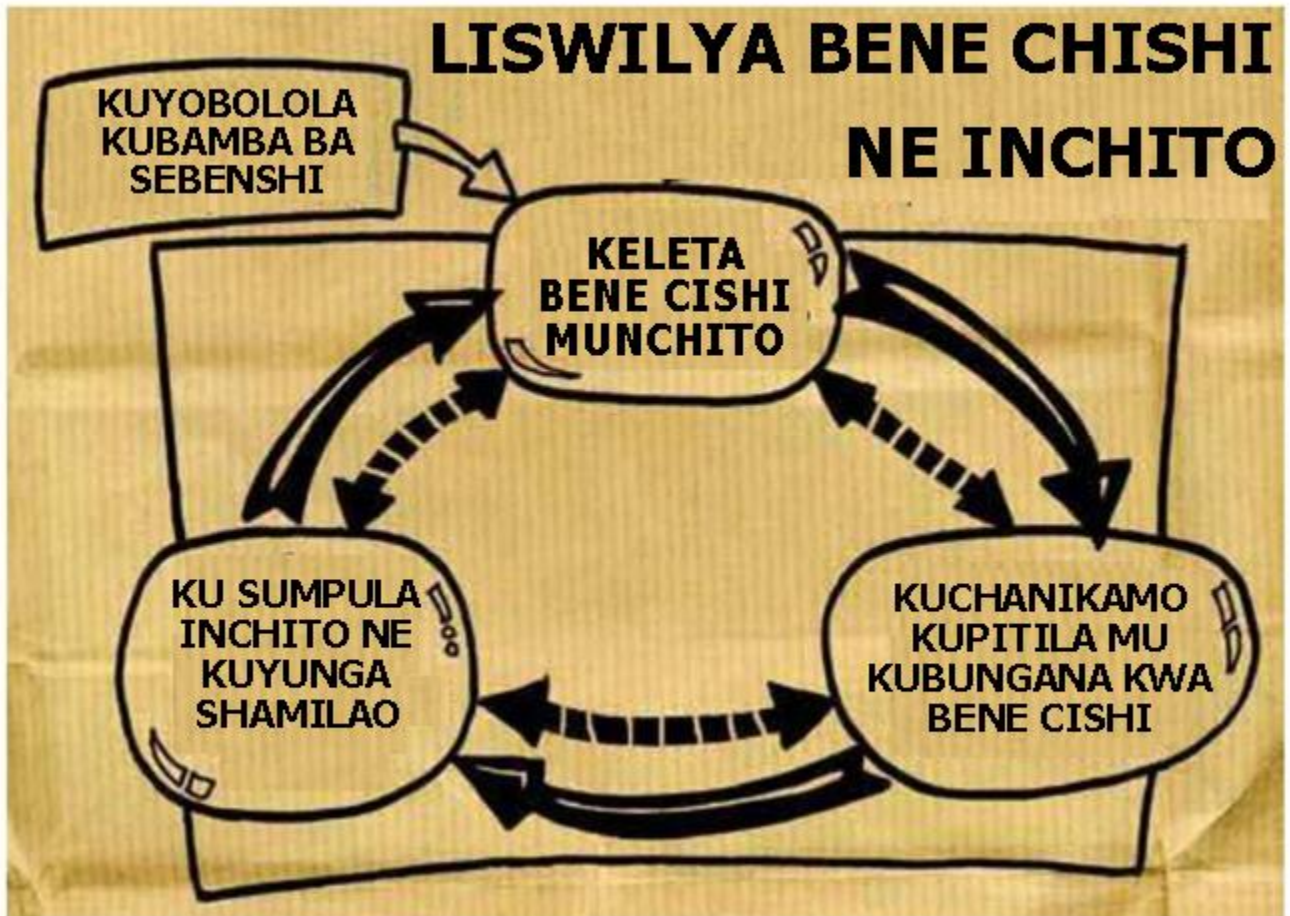
Ku pimpisha kwa balibunga yya liswi lya bene cishi ni kwakuyanda kuleta Pepi ne kusumpula inchito sha mucishi. Kupitila mukwambishana kwakunyunfwana kwaina kai kwabula minyungwe pakati Pa beshi kutambula lunyamfwo, kafulumende ne basebeshi, basebenseshi bakute kupewa ngofu sha bukapembeleshi ne kwipusha pa nyendeshelo ya incito kai Ne kwikatana pamo pancito sha mucishi.

C.V.A yeemana pa kwambeti mwine cishi ulionse ukute ngofu sha kubona kwambeti kafulumende ila sebensenga kwelana ne kushomesha kwakendi. Kupitila mulibunga lya C.V.A, ma booma akute kulangiwa kwambeti ka sebensa kwelana Ne milao ibalibikila boonka.

Iyi ni milao iliko, yalembwa ne kusungwa ne misampi ya kafulumende. Kai yenshibikwa kubantu. Milao ya pusana kwelana ne cishi, kai inga kaikute bintu eti, kwelanika, kukonempa kwa ng'anda ya kwiylamo olo beshi incito ba pa cipatela. Milao yabikwa ne kafulumende nilibasulwayandika kwine mulibunga lya C.V.A kai ikute kuleesha kupusana kulipo pakati pa bwiminishi bwa muteto wabantu ne bwiminishi bwa bala sebenseshwanga ne libunga lya C.V.A.

Liswi lya bene cishi ne incito ikute kupa bantu choolwe cha kwamba miyeyo yabo pa sukulu, chipatela ne incito shimbi sha ka kafulumende. Bene cishi bakute kubonesha bishikubonesha bikute kupandulila incito biboneshelo ibi, bakute kwinshiba ne nsebenselo, ibilaba sebenselenga.

MABASU ATATU A C.V.A :



C.V.A MABASU ATATU:

- (1) Kulengsha bene chishi kuchanika mo
- (2) Kuchaanikamo kupitila mukubungana
- (3) Kusumpula shanchito ne lwa kuyunga milao

Lubasu lwa kutanguna

KULENGESHA KUCHANIKAMO KWA BENECHISHI

Chinene chamulubasu ulu ni kubamba bantu kwambeti bachanike ne kwikatana kwaina ne beshi shanchito ne kafulumende. Bintu bisanu, bishi kulengsha bene chishi kuchanikamo bya lembwa paanshi apa kai inga bibikwa muunshila iliyonse.



1.1. KWINSHIBA MULAO WA PABANTU

KULENGESHA KUCHANIKAMO KWABENE CHISHI

1. Kuchana maswi a kafulumende nekufumfwipisha mukupubapuba nsebenselo ya kafulumende neshale kufuma pa chishi kuya pabantu.
2. Kucheba misela, nengelo nepatana lubasu lwa lunyamfwo kubantu. Niyipe na nibutangunishi bupeyo bukute incito ya kuleta lunyamfwo? Sena ndalama shikute kushikila mumakasa abatangunishi kufuma ku kafulumende?
3. Kwelesha ngofu ne kulempweteka, ne byoolwe kai ne kuyuma kwa kafulumende, kulengisha makamaka pa shabuyumi olo lubasu lwa bwiyi.

MILAO YA CISHI, LUSUMPUKO NE MOLONGO WA KU SEBENSESHA NDALAMA

- Nyumfwisha nwkufumfwipa lemba nshila ne muteto wa booma mukwendelana Ne milao ya hisumpuko ne nsebenseshelo ya ndalama palungafwolwa yandika lwa buyani nelwiyi olonemumabasu ambi, booma nkuye kalika malembo ne miteto.

KWISHIBA NE KULEMBA MITETO

- Baneshi belela kusebensesha CVA palubasu lumo eti lwa buyumi, lwiyi, shabulimi, sha minshi ne buswepesha, icho cha salwa ne ba world vision olo na banecishi. Na milao ila suminishiwa ne batangunishi mbuli chintu cha suminshima ne kafulumende, ilembeni.

KUMANTJAMO LUBASU KWA BENECISHI

- Sena kuli mabunga a bene cishi nkube belela kwambilako na uliense nikulyambila paenka? Bunabo bulipo pakati pa kafulumende ne tubunga, twabantu nibwamushobo cini? Sena tubunga twabantu twala chikonshya kwimanina bantu? Se kuli kukanishwa kuliko kutubunga tukute kwimanina bantu?



1.2. BAMBANI BINTU BYAKUSEBENSESHA

Basebenshi bafumfwipisha malembo aliko, swepeshani makani kwinshileti kaachanika nekuboneka kai kaali alembwa mumishobo yenshibikwa kwinshila baneshi.

Mutaluba miteto ya kafulumende ilayandikinga.

1.3. KWIYISHA BENECISHI NE KUYOBOLOLA

Kusebensesha bintu mbimulabamba, sebensani neba mumunshi ku yobolola nekwinshibisha bataangunishi ba baneshi ne mabunga palwa C.V.A milao ya kafulumende ne mwinecishi, ngofu ne incito kai ne miteto ya kafulumende.

1.4. IBAKANI LUNYUMFWANO NELWIKATANO

Chakonshekanga, CVA yeleda kutanguninwa nebene cishi bonkabonka. Incito ya world vission nikuletela tubunga bya kusebensesha bya C.V.A kwayandika kukumana pacindi chaina nebeshi incito bambi kwinshila kwambeti muchikonshya kukonka nshila ya C.V.A.

1.5. BAMBANI BUNABO NEKULUMIKISHANA

Kwambeti C.V.A isebense chena, ibakani bunabo ne lunyamfwano pakati pa beshi kunyamfwiwa ne beshi kunyafwa. Kwambishana kwaluntwa-ntwa ne kushomana kukute kuyandika, mulandu bambi makamaka manasi, baiyishi ne beshi incito ba kafulumende inga banyumfwetibala totekwa kwibaka bunabo kwayandika kwine kwinshila kwikatana ne kulishapo.



Nasi Dinah Rose pa Kiliniki ya Kiyeyi

Lubasu Lwa Bubili

KUCHAANIKAMO KUPITILA MUKUYOBOLOLA BANESHI

Kuyoboloka kwa baneshi e moyo wine wa citizen voice and action. Kuyoboloka kwa baneshi ni kubungana kwa tubunga tung'ana ne mabunga anene-anene akute kulanga pa kwina kwa lungamfwo neku chaana nshila sha kusumpula lungafwo ulu. Pa lubasu ulu, baneshi bakute kumanta makani pa nsebenselo ya ncito nekuleta miyeyo yeleda kuleta lusumpuko. Chayandika kwambeti basa bakute incito yakupa lunyamfwo ulu ka ba chanikapo.

KABATANA BABUNGANA MULIBUNGANO LYA BANESHI, BASEBENSHI BAINSENGA:

1. Kubika libunga lya ncito lya C.V.A. Bantu b mutubunga twanchito Kubungane kwakutanguna Belela kuyobolola nekwendelesha Kubungana. Tubunga twanchito Inga tubunganwa nebaneshi
2. Salani KwakubunganinaKangi kukumana kukute kwinshikila mumasena apasopwa
3. Nyumfwanani Pali Bashi Lunyamfwo Mbweshi mutambe. Tubunga twancito twayandi ku sala tubunga twakwambeti tu mantamo lu basu mu mabungano
4. Salani busuba nechindi
5. Tambani beshi kutambwa
6. Yobololani ne kwiya beshi kwendelesla
7. Mantani bya ku sebensesha. C.V.A yayandika mapepa angi



1. KUKUMANA KUNENE (CHINSHIBISHO) KULIBUNGANO LYA BANESHI

Kubungana uku nikwa kuyanda kubika incito ya kupasopa ya C.V.A ne kwinshibisha benecishi ne bemanishi ba kafulumende Kubintu ne nyendeshelo ilayandikinga kupulamo mukubungana uku.

2. LIBUNGANO LYA MITETO KUCHENCHETA

Kukumana kwa miteto ne kuchencheta nikwakwaambeti baneshi ne kafulumende bacikonshye kwelanisha miteto ya kafulumende ne milao ya pancito. Cindi cha kuchanikamo ne kumatamo lubasu kwa baneshi bancito ya World Vision belela kabali bala yamba kendi pa kwinshiba miteto ine kufuma kumilao ya kafulumende, malembo nebeshi lunyamfwo. Libunga lya C.V.A lyelela kukumana ne beshi kwimanina kafulumende kai nebeshi lunyamfwo. Chaina kwaanusha beshi kumanta lubasu pa makani a CVA nenchei kute kusebensa kwambeti bainshibe sha kupasopa ne miteto ilimu libunga lyelela kuya pa pancito mbuli pa kiliniki olo sukulu. Cindi bendelanga masena aya, beshi kumantamo lubasu nikutatika kwelanisha miteto yansebenselo ya kafulumende ne miteto ine iliko pa ancito pasa. Bambani lipepa lya filipu chati eti bili pa lipepa lilikuntangu koma uta lemba kalikonse mukati. Ambila beshi incito kwambeti ulabono miteto kufuma mumilao yabangi kai eti ukute lipepa malembo akafulumende kwinshileti bashome ne kulafumunga makani. Lino ipusha kwelana kuli pakati pa muteto wa cishi ne njikalo ya miteto ili pa kiliniki ne sukulu. Lembu nkumbwilo shabo pakati pa lipepa kai ubepushe nchebala yeyelenga kwambeti cili icho . Ingoolemba maswi ankumbwilo shabo mulubasu lwa kulemba mo nkumbwilo.

NJELANISHO YA MITETO:

Na libunga lya CVA lilayi kuyo chencheta lwa incito ya kwiya, inga mu yandika kulanga

Ne muteto wa kwelana kwa bayiyishi ne bana basu kulu mukilasi imo, sena madesiki nkwaali; bimbushu nebimbi bya yandika pa sukulu.



Njelekesho: kuchencheta miteto Incito/Kwakukumanina			
Buluna:			
Mushoto wa Chakubika	Muteto	Cirene ciliko	Nkumbwilo
Bayiyishi	Mwiyishi umo pa bana 45		
byakwiyilapo Made siki bipuna	24 Made siki 24 Bipuna		
Byakusebensha kwiya mabuku abana asuniki - cisungu - Mansamu - sayansi	Imo pamwana Imo pamwana Imo pamwana Imo pamwana		
Bimbushu	Cimo ca batukashi cimo ca batuloba		

3. CINDI CA MAKADI AKULEMBA MUBUNESHI

Cinene cine cha cindica makadi ni kunyumfwa miyeyo ya beshikunyamfwa ne ya beshi kupalunyamfwo pa nsebenselo yanchito ibala chenchetenga, iyi ntopo miteto ya kafulumende koma ni miyeyo ya bene cishi bene.

BAMBANI TUBUNGA TUSHI KULANGA

Yabanishani baneshi mumabunga
abatukashi ne batuloba mumisela yabo.
Bashiyani sheni kwambeti mubone
kumantamo lubasu kwa muntu ne muntu.
Mupange mabunga abalema mbuli
banyamutukashi ba mabunda, balemana,
balwashi H.I.V ne bambi baangi. Pitani
mukadi ya malembo a mabunga onse.

PANDULULANI MELESHO ABU SEBENSHI

Ipushani balibunga lya kulanga njikalilo ya incito yaina. Inga mupandulula achoni sukulu yaina? Olo kiliniki? Inga kusunika kubeena mbuli uku, sena inga musuna kwambeti beshi incito kaba mupani bulemu? Lembani melesho aya mulipepa eti cili kululyo.

SEBENSESHANI MUPIMO WA CHEENI

Lino leta nshila ya puba ya kusala, mupimo wa cheeni pa chakubonesha chili-chonse uliense wa mulibunga na vootele pa kubonesha ito, "chaina kwine", "chaina, "mbuboko," chaipa na olo chaipa kwine, pali cha kubonesha.

NJIKALILO YA BUSEBENSHI BWAYING KUPIMWA

KUPIMWA KA CHEENI

CHAIPA KWINE



CHAIPA



MBUBOKO



CHAINA



Kwendelana nenishi kwiyisha nchalayandanga, insani; nechimo chintu kuunsa kwa inchito mbuli; Iwa mukupwe-sena busuba bwalelo bwaina nabwaipa? Olo na libunga lya mafukano abola, sena baleninishinga. (bonani pikicha paanshi) uku ni kwelesha na ito baneshi bachinshi nshila ya ku sala. Sengani muyeyo wa chiimanishi olo na munyengule welela kwimanina mwelesho wa ku sebensa wa baneshi batachinshi kulemba ne kubelenga. Paanshi apa, kwelesha kwa chakwelanisha cha libunga lya mafukano abola ne nsebeneselo yakendi! Basebenshi ba pa kiliniki inga bemaninwa ne cheeni cha mutukashi la mweta-mwetenga ne nchepeshi yaba nasi.

KWELESHA KUPIMA NSEBENSE LO	CHIMANISH	CHAIPA KWINE	CHAIPA	MBUBO	CHAINA	CHAINA KWINE
						
KUSEBENSA KWA KA- BUNGA KA MAFUKA ABOLA KWALINO -LINO						



KU VOOTA

Chakonkapo, tuntulushani bya lembwa pachipepa cha fulipu chati bya incito shaina kutwala pa kaadli kai mubakuwe bese ba voote.

Kaadi yakulembapo ikute mafulipu chart atatu alambatikwa pamo onekwa mumulaini mbuli nchi byabikwa uku kululyo.

Busena Libunga		
	KAADI YA NYENDO	
Melesho ancito apewa ne libunga	Chakubonesha	Nyendo
Melesho ancito apewa		

Bonse bapwisha ku voota, langani mavoti nekwambila baneshi kulemba mwelesho wa tunyendo tonse twe maninwa necheeni chamweta aikona manamba. Mukolamu mwalembwa scores na tunyendo. Kusala pa mwelesho wa nyendo kusuniki kubandikapokunene, maka-maka ito na kuli kutotekeshana mu libunga. Chimbi, ipushani ba mulibunga kwamba bi bilapa kwambeti ba vootele nchibala vootele. Lembani bifukwa ibyo mulubasu lwa lembweti komenti kolamu pa mwelesho wancito uli onse, nyamfwani baneshi kuleta miyeyo uku inga kakuli kwakwambeti kafulumende, baneshi olo libunga lyabeshi lungamfwo kwinsapo kantu pa kuchaana nshila yaina.

Cindi ca kaadi; ya nyendo isuniki kwinshika nebantu batana bali batatu, mukulene mwelendeleshi; wishu ku lemba pa fulipu chati newishi kulemba malembo akusunga. Mwingashile, kaadi ya nyendo yayagandika kuibweshapo pa kabunga kalikonse. Munshila iyi, tukute kubona kwambeti tulamanta makani. Atubunga twa bantu basuulwa.

Muli cakulambatisha nimuchaane mukoshano wa kwelanika ula boneshenya mbuli mumwela ku lesha bishi kushanikamo ku libunga linene. Koma kwinshila kumantamo lubasu, inga mushamo muntu wa mulibunga kuyabana bishi kupulamo. Mweleshe kuta sebensesha kaadi ya nyendo yonse pancito iyiyonka pakwing kupimpisha nikwa kwa mbeti bantu ba pite munyendo shonse, ichi chapenshya pakwinga cindi niching'ana. Nyamfwani uliense ku vota kwabintu bili peelu (1-2) miyeyo kwambeti kube kucinja nekubapa kwambeti bayabane ne libunga linene.

Busena		Libunga		
PEPALA LOSANKHIRAPO				
CHAIPI KWINE 	CHAIPI 	CHILI CHEINA 	Cheina 	CHAIPI KWINE 

Busena		Libunga	
BYAKWAMBA		MIYEYO	



Ku voota pa shancito cindi cha kubungana kwa baneshi

(4) MUBUNGANA KUNENE

Byapwa bya kunchencheta miteto ne kaadi ya nyendo sha baneshi, inga tukuwa kubungana kunene. Kupimpisha kwa mubungano unene ni kuleta kwambishana pakati pabene cishi, bashi lunyanfwo, kafulumende, nebambi beshe kumatamo lubasu palwa kwina kwa incito sha chenchetwanga. Mukwikatana, beshikumantamo lubasu niku sala mobelega kusumpwila shancito. Kwelana nemakaniaya, muyeyo waku sebensela ukute kubambwa kaukute cindi nekuyabanisha kwa incito kwambeti mulimo wenga kuntangu. Kubungana Kunene epene-pene pa cinyina cha kiyoboloka kwa baneshi pakwinga epobakute kuyeya shakutati ka incito. Kubungana Kunene inga kumanta cindi chinene- baneshi bangi bakute nekuletelesha nebyakulya byamunshi.

Palibunga ili, bemanishi babaneshi bakute kuchencheta miyeyo yaletwa kufuma kumabunyano ang`ana. Chakonkapo sengani baneshi kwambeti miyeyo imbi isuniki kwine baibike ku ntangu. Miyeyo yelega kaili yaswepa, yabelengeka kai yelakwinshika, ine-ine kwendelana ne cindi.” Lembani miyeyo iyi pa fulipu chati eti nchiyalembwa paanshi apa, mubone kwambeti bakutemo lubasu balishapo kusebensa. Cindi nechimo, miyeyo iyi kwaandika kuibamba ba kabunga kancito kwambeti isebenseka cheena.

MUYEYO WANCITO				
CHAKWINSA	NIYANI ESHI AINSE ICHI	KUSHIKA LILYONI	BYAKUSEBENSESHA BYAKWINSA BIMBI	WISHI KUCHENCHETA NIYANI

Akaka bonani kwambeti pali kupusana pakati pa chakwisa ne chintu. Mbuli tukoshanike, kulemba ntekeshelo yaminshi pa muyeyo wa byakwinsa nikulemba lipensho ntoopo kuchaana mwakupwishila lipensho. Na kuchaanika kwa miinshi kulaletwa, mutangunishi inga wambila baneshi kuleta chakwinsa mbuli kwambeti balembe kalata kuli baku musampi wa bya miinshi pa likani ya kuleta miinshi. Kalata iyi niyishi kwamba palipenshi yya minshi mwinshibe kai kwambeti kulemba kalata nicintu baneshi nchebela kwinsa kwakubula kuyanda byakusebensesha bingi. Yumya-yumyani baneshi kutatika tuncito tung`ana-tung`ana twelakukonsheka kwambeti batatike kusebensa. KUCHAALA NE KUSEKELELA Kufunyako muyeyo wabyakwinsa, kubungana Kunene kusuniki pakwinga kukute kupa eti baneshi bachaane cholwe chakuyabana bishikupulamo muku sebensela pamo. Shikwendelesha welela kwambilisha kwambeti muyeyo wabyakwinsa niwa benecishi ne kafulumende kai nincito yabo kubona kwambeti muyeyo wakuchinja ula inshiki. Bikani kubungana nkवेशi kukabe kwakuso chencheta na kuli lusumpuko. Pakuwisha, kupewe cholwe kubantu cakwambapo nchekwabanga kubungana kwa baneshi, ngofu ne kubomba-bomba kulimo. Sengani kunyumfwa kufuma kuli bantu miyeyo yabo ito na pali chibala sunu olo nchibabu kusuna palibungano lya baneshi. Pakupwilikisha niku sekelela ne kwimbila inyimbo ne masha..

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CVA is about bringing the staff, community & government together

Lubasu Lwa Butatu

KUSUMPULA LUNYAMFWO NEKUYUNGAULA SHA

Twakabomba! Lino mukute muyeyo wa byakwinsa. Miyeyo ili muli mumiyeoyo niyitanguninenga baneshi, kafulumende nebeshi lunyimfwo kusumpula incito sheti shi sumpule buyumi bwa bana. Koma kwabeti chikonsheke, baneshi belela kuchencheta nekupasopa kwinshika kwa muyeyo uyu. Mulubasu lwa butatu ubu, libunga lya baneshi, kafulumende nebeshi kuleta lunyamfwo ebeshi basebensele pa muyeyo wa incito. Kwambeti chikonsheke, basuniki kwinsa incito ishi shili folo (four).



1. MUYEYO WA BYAKWINSA”:

Kaangi basebenshi ba CVA Bakute kuchaaneti miyeyo Ya muyeyo wa bya nkwinisa isuniki kuyeyapo kai Panyuma pakubungana Kunene. Kusebensa muyeyo Wa bya kwinsa kukute Kutanguninwa nebene cishi Bene, beshi kutambula lunyamfwo Nebeshi kumantamo lubasu Bene-bene, basa baalipa kwambeti Inga basebensa. Koma, olo miyeyo Kaili ya cipale mushobo chini Muntu umo-neumo ukute incito Yaku sebensa. Inga chinyamfwa Kuyabanya miyeyo mutung’ana-tung’ana Nekusenga kunyamfwiwa nekabunga Kancito kwinshila kupwisha bwangu



2. KUCHENCHETA NELUYAMFWO NELUYAMFWO

Bindi bingi muntu-nemuntu inga Ulipa kwambeti nasebense mwanga. Mwabubgna koma ukute kuyandika kuchenchetwa nekunyamfwiwa kwambeti nchikonshe kwisebensa incite yala sala kusebensa. Bantu balambwanga apa basuniki kushako mano pancito iyi. Muntu umo-umo lambwanga apa lanyandikinga kali muneshi.

Inga chiina kwambeti muyeyo wa byakuinsa kauli wamanikwa pabusena bwa bonekela pancito mbuli paansa eti palubumbu lwa mutauni. Ichi inga cileta kubonekela kwa bilenshikinga neku pasopwa kwancito yaku miyeyo. Inga cipakwambeti naboyo bantwowa kabamantamo lubasu mu kusumpuka kwa incito.

Kulemba bileenshikinga kwayandika kwine kwendelesha ne kuchencheta byakwinsa. Basabakute incito ya kwinsa kwelana ne muyeye wa byakwinsa kusuniki kubambila kwamba kabalemba byonse mbiba leenshinga ne kuyo ambila libungano linene lya baneshi pa lusumpuko luleenshikinga.

3. KWIBAKA LUNYUMFWANO NELWIKATANO

Kaangi; mu muyeyo wabyakwinga inga kamuli miyeyo imbi isuniki kwambapo kwa mukulene wa kafulumende. Pa kwinga bimushikile mukulene uyo, libunga lya baneshi lisunika kwibaka nyumfwanino nelwikatano kwambeti banyumfwane neba kulene bakafulumende. Sebansani nebanenu ba mumunshi nekwipusha baneshi nebeshi kwimanina bamulibunga lya cishi nshila imwela kupangilamo kunyumfwana kwa kwimaninwa.

4. KWIMANINA BANTU NEKUYUNGA

Kwangeti mumuyeyo wa byakwinsa uli ne miyeyo inene-inene, baneshi basuniki kuchana nshila yaina yeshi bacikonshale kushika pa nyendo shabo. Ishi panshi nshila shapuba sha kucikonsha kwimanina:

1. Chaanani wela kuleta kucinja kulayandanga bantu. Mumwinshibe uyu muntu kwakubula kutonshanya niyani kai nimusebenshi wakupeyo.
2. Banenu belakumunyamfwani nibaani? Inga mwibaka achoni lwi katano ne nyumfwano lwela kuleta kucinja nku mu layandanga?
3. Chela kuleta mpwampwa moyo kubatangunishi nichani? Sena inga ba nyumfwa kukakatishwa nelwa ndale sha cishi? Kukakatishwa kufuma kukabunga kaliwalapo?
4. Sena kuli tubunga twabulako kulubasu lwa kafulumende twela kunyamfwa pa lwa kuinsa miyeyo iyi?

Yeyani lwa kusebensa nebanenu olo na ofesi yacishi ikute kwimanina olo basebenshi ba buyumi bwa mwana ku panga nshila ya kwimanina

*Makani alembwa pamaflip chati
palibunyano lya baneshi niabe
nebaneshi. Ba pasope mafulipu chati.
Inga asungwa ne ba techa bakulene,
libunga lya sukulu olo mushali
walishapo. Mbuli kwelanisha,
minyololo imbi ya CVA yabikwa mu
ofesi ya ticha mukulene panyuma pa
kuyoboloka kwa baneshi*

Mwandanga makani ambi lyonse
kamulangangani ku byalembwa mu
C.V.A mwabikwa malailile abusena
ubu

KUSUMPUKA KWA BWIMANISHI BWA

CISHI CHA UGANDA. Ku uganda, CVA incito shakendi sha chana kwambeti kulofwa-
lofwa kwa bana basukulu nkalili lipensho. Baneshi balambeti nkabakute nsala necho balatatika kuleta chakulya chamunshi koma kupita kwa cindi ichi chakanga. Ichi inga cileta kubonekela kwa bilenshikinga neku pasopwa kwancito yaku miyeyo. Inga cipakwambeti naboyo bantwowa kabamantamo lubasu muku sumpuka lwa incito. Kulemba bileenshikinga kwayandika kwine kwendelesha ne kuchencheta byakwinsa. Basabakute incito ya kwinsa kwelana ne muyeyo wa byakwinsa basuniki kubambila kwamba kabalemba byonse mbiba leenshinga nekuyo ambila libungano linene lyabaneshi pa lusumpuko lulenshikinga

BIMBI BYAKUYUNGISHA:

BAMBANI CHENA MALEMBO!

CVA ingakuku manta / kulangola makani pakusebenela bantu. Aya makani asuniki kwabamba mu nshila yaina kwamba eti anyamfwilishe kusumpula buleli.

Bonani kwabeti mulalembenga makani alafumunga:

- Libungano lya kuchengeta miteto
- Cindi cha kaadi ya nyendo
- Kubungana kwamabunga abili

Langa mapepa alambatikwa 2-6 papwilalipepa ili lyakulembamo.

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YEYELA BANESHI NCHEBELA KULUUMANISHA BWIMANISHI BWAKWABO NEBWA CISHI CHONSE

Kulumikisha byakwinsa byabuneshi ne byakwinsa byacishi chonse kusuniki kwinshila kucikonshya kusebensa. Kwelesha kukumana neba kulene eti ba nduna wamusampi wa bwiya kukute kushupa maka-maka ku baneshi bonka, necho kwayandika kwabeti kakukli bwimanishi bunene bwapita pa boma ichi chikute kwinshika neba world vision mukwimanina libunya lya baneshi, mpubakonempesha ngofu shabene cishi kwambeti bakachikonshenga kwinsa bonka mubindi bya kuntangu. Koma ba world vision basuniki kuya ne umo olo babili bamulibunga lya baneshiku mabungano a world vision anene.

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YEYELA NSEBENSESHELO YAKU MANTA MAKANI

Beshikumanta makani basuna kuyandaula makani. Yobololani balibunga lya baneshi kwambeti baambe ne beshi kumanta makani palwa CVA. Ne ncito shakendi mubone kwambeti mulabapa mapikicha ne bimfunsha mutemana owa pa kwamba pa nsebenselo ya CVA. Beshi kubwesa makani basuni bine-bine byaincito. Basebensehi ba makani ba world vision inga banyamfwa kusebensa nebeshi kumaata makani.

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CHOLWE CHAINA!

Sungulukani kutumina ku cva@wvi.org pa lutaangunishi lumbi nemapepa ambi akubelegamo

CHALAMBATIKWA 1: BINDI BYAKUKUMANA KWA BANESHI

CHAKWINSA	USUNIKI NIYANI?	CHINENE CHA	BYAKUSEBENS ESHA	CHINDI CHINI
KUBUNGANA KWA KUTANGUNA	- Baneshi - Batangunishi babaneshi - Bemanina kafulumende - Beshilunyamfwo - Bancito ba mabunga a C.V.A	Makani akutatika a CVA nekuyoboloka kwa baneshi	Dayagilamu yalesha nciibele CVA (lemba pa fulipu chati) dayagilamu ya kuyoboloka kwa baneshi (lemba pa fulipuchati)	Awa imo
KUCHENCHETA MITETO	- Batanguni shi babaneshi - Bemanina kafulumende - Beshi lunyamfwo - Balibanga liya - ncito	Elanishani miteto ne nsebenselo yancito ila chenchetwanga	Dayagilamu ya CVA lemba pa fulipu chati dayagilamu ya kubungana kwa baneshi (lemba pa fuli pa chati) lembani bya mumiteto ne kuchencheta pama fulipu chati	Awa imo olo abili
MAKAADI A NYENDO SHA BANESHI	Mabunga abeshi kunyamfwa (yabanishani mabunga) Beshi lunyamfwo (yabanishani mabunga)	Beshi lunyamfwo nebeshi kunyamfwa kucheaula pa kwina kwa incito ne lunyamfwo Letani miyeyo kwambeti kube kusumpuka kwa ncito.	Dayagilamu ya CVA (lemba pa fulipa chati) Kubungane kwa baneshi (lemba pa fulipu chati) Lembani pa mafulipa chati ne pa makadi a nyendo sha baneshi	Awa limo olo atatu pa kabunga, ka makaadi a nyendo sha baneshi kwanuka kusololela kabunga ka makaadia netubunga twashiyana shiyana twakukosesha inchito
KUBUNGAN A KUNENE	Beshi kuchencheta miteto ne baneshi Cindi cha makaadia nyendo nebatangunishi babaneshi Bemanishi (batangunishi neshi ndale)	Yabanani bya pula mukuchencheta ne makadi a nyendo Bambani muyeyo wa byakwinsa	Dayagilamu ya CVA dayagilamu ya baneshi	Ma awa ang'ana kushikila lisuba lyonse, ma dokotala a CVA enga kupa chakulya cha munshi

CHALAMBA TIKWA 2: PAKULEMBELA MAKANI A KUCHENCHETA

CINDI CHA KUCHENCHETA MITETO YA C.V.A					
BUSUBA BWANCITO:			LINA LYA SUKULU/KILINIKI:		
KUCHENCHETWA KWA BUSENA					
LUBASU					
Mushobo wa cintu cisuniki	Mushobo wa cintu cisuniki	Mushobo wa cintu cisuniki	Mushobo wa cintu cisuniki	Mushobo wa cintu cisuniki	Mushobo wa cintu cisuniki

CHALAMBA TIKWA 3: PAKULEMBELA KAADI YA NYENDO SHA BANESHI

KAADI YA NYENDO SHA BANESHI YA CVA						
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SIKU LAKUSANKHANA:						

BUSUBA BWA KUYOBOLOKA KWA BANESHI						

BUSENA BULA CHENCHETWA						
KABUNGA KESHI KUSEBENSA				LUBASU		
Mwelesho wansebense lo walembe nebaneshi	Nyendo (scolo) shonse pamo	Nyendo shonse	Miyeyo ya kusumpuka	Kucinja panyuma pancito ya CVA	Busuba mposha jinjiwa nyendo	Nyendo shonseNyendo panyuma pancito ya CVA
MELESHO AKUSEBENSA APEWA						
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.....						

CHALAMBATIKWA 4: PAKULEMBELA KUBUNGANA KUNENE

CHAKWINSA	NIYANI SHIKWINSA	KUSHIKA LILYONI	BYA KUSEBENSHA (BILIMO)	SHI KUCHENCHETA NIYANI
CHAKWINSA	NIYANI ESHI AINSE ICHI	KUSHIKA LILYONI	BYA KUSEBENSESHA	SHI KUCHENCHETA NIYANI

NKOSHANYO YA CHATI YA KWELANIKA X SENTA YA BUYUMI				
Bishikubonesha	Bimanishi	Balwashi balendelenga kusengulwa	Balwashi beemita	Beshikupa Lunyamfwo
Mwelesho wansebenselo				
Kuchanika kwa mitondo				
Bunabo bwa basebenshi				
Mwelesho wa nsebenselo wapewa				
5.1 Kwina kwa basebenshi		 - 		
5.2 Kwikutila ne lunyamfwo lwapewa		 - 		

