



Empowering Community Health Workers in Myanmar (Bridging Health Gaps)

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12th Nov, 2025

Health Challenges in Myanmar



1/3 of preschool
children are stunted



2.2 million women and
children need nutrition support



800,000 children suffer
from wasting

Health Service Accessibility

Limited access to essential health services in remote areas worsens maternal and child health outcomes

Need for Innovative Solutions

Strengthening community-based health systems and scalable innovations are critical to bridging service gaps.

Objectives

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❖ Strengthen Community Health

- ❖ The program aims to enhance community health systems for better access to maternal and child services.

❖ Empower Community Health Workers

- ❖ Empowering CHWs to connect communities with formal health systems for timely interventions.

❖ Build Local Capacity

- ❖ Fostering community ownership and local capacity to sustain health improvements.

❖ Promote Inclusive Healthcare

- ❖ Addressing systemic barriers to ensure inclusive and effective health service delivery.



Methodology

Structured Approach	Close Monitoring and Coaching	CHW activities	Community Coordination
A guided methodology ensured CHWs followed consistent, well-monitored activities within the communities	WV staff and government personnel regularly coached CHWs to maintain quality and performance standards	- Household visits - Health education - Danger sign identification and referral - Growth Monitoring and Promotion (GMP) - Assisting public health staff in public health programmes	Collaboration with local health committees promoted accountability and strengthened community engagement

Results and Impacts

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- ❖ **Extensive Health Education:** CHWs reached 54,067 mothers and caregivers with vital maternal and child health knowledge.
- ❖ **Referral Facilitation:** Facilitated referrals for 1,311 children and 1,045 pregnant women for specialized care.
- ❖ **Collaboration with Health Committees:** Worked with 638 Health Committees to boost community engagement and local health ownership.
- ❖ **Impact on Healthcare Access:** Structured CHW support improved healthcare coverage and health outcomes in underserved areas.

Conclusion and Recommendation

- ❖ **Effective CHW Supervision:** Structured supervision and coaching enhance CHW performance in fragile contexts.
- ❖ **Expanding Primary Care:** This approach expands primary health care coverage and closes service gaps.
- ❖ **Improving Maternal and Child Health:** Resilient community health systems contribute to long-term maternal and child health improvements.
- ❖ **Scalable Health Model:** The Myanmar model offers scalable lessons for other countries facing health service challenges.

Activity Photos (GMP)

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Activity Photos (Awareness Sessions)

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Activity Photos (Home Visits)

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Thank you

