



# MATERNAL, CHILD HEALTH AND NUTRITION Technical Programme



**VISION**  
Improve child health



**GOAL**  
Children (0-59) months are well nourished



**RESULTS**

- Reduced infant and neonatal mortality
- Reduced number of low-birth-weight infants
- Reduced stunting among children under two

## WHAT WE WILL ACHIEVE?



**18,247**  
pregnant and lactating mothers practicing MIYCN behaviours



**1,736**  
underweight children rehabilitated through PD hearth



**12,214**  
children under two prevented from malnutrition



**711**  
FCHVs, community mobilisers and health workers delivering quality MIYCN services



**18,247**  
family members engaged in creating enabling environment for MIYCN



**21**  
health facilities and birthing centres with essential equipments for MCHN

## HOW DO WE ACHIEVE THIS



Improve maternal nutrition as well as increase demand for ante-natal care among pregnant and lactating women through engagement in mothers' groups



Improve infant and young child feeding practices through outreach and support for pregnant women and lactating mothers



Prevent and manage childhood illnesses, acute respiratory infections and diarrhoea

## OUR APPROACHES

### Health mothers' group

Empower pregnant women and lactating mothers of children under two for maternal, infant and young child nutrition

#### Key activities

- Equip Female Community Health Volunteers (FCHVs) to facilitate Maternal, Infant and Young Child Nutrition (MIYCN) through effective mothers group meetings
- Organise interactive sessions empowering mothers as peer educators on Maternal, Child Health and Nutrition (MCHN)
- Conduct home visits for the most vulnerable pregnant and lactating women facilitated by social mobilisers and FCHVs

### Community led health promotion model

Improve the quality of health services and ensure its utilisation by mothers

#### Key activities

- Mobilise communities to monitor and promote better quality of outreach clinics services using social monitoring tools to improve antenatal care services, growth monitoring and birthing centres
- Provide critical equipment to outreach clinics and birthing centres
- Strengthen the management capacity of local health institutions to maintain and operate facilities
- Strengthen growth monitoring and promotion services

### Positive Deviance (PD) hearth

Support underweight children

#### Key activities

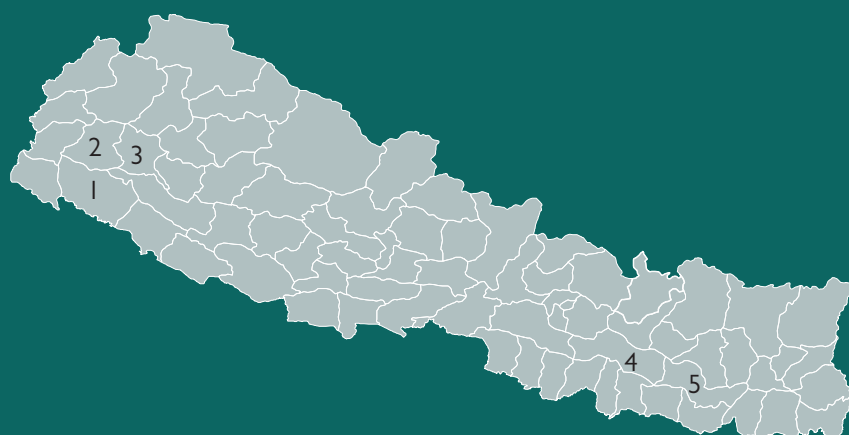
- Conduct community orientation meetings on PD hearth approach with community leaders and families of children under five
- Select and train local staff on PD hearth to conduct the PD inquiry and PD hearth sessions
- Conduct PD hearth sessions as relevant, including home visits

### Support group

Create an enabling environment in the home and community

#### Key activities

- Create support groups within communities involving the family members, fathers, husbands and in-laws of pregnant women and lactating mothers
- Create enabling environment by improving awareness regarding maternal, infant and young child feeding



## IMPLEMENTATION AREA

- |             |             |           |
|-------------|-------------|-----------|
| 1. Kailali  | 2. Doti     | 3. Accham |
| 4. Sindhuli | 5. Udayapur |           |