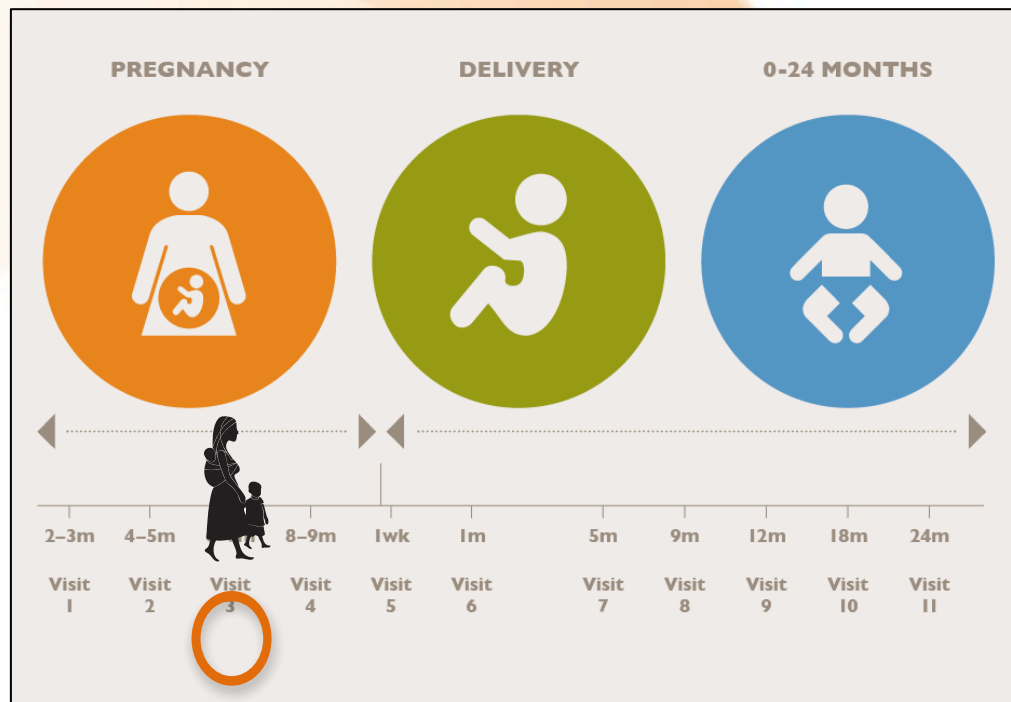


# VISIT 3



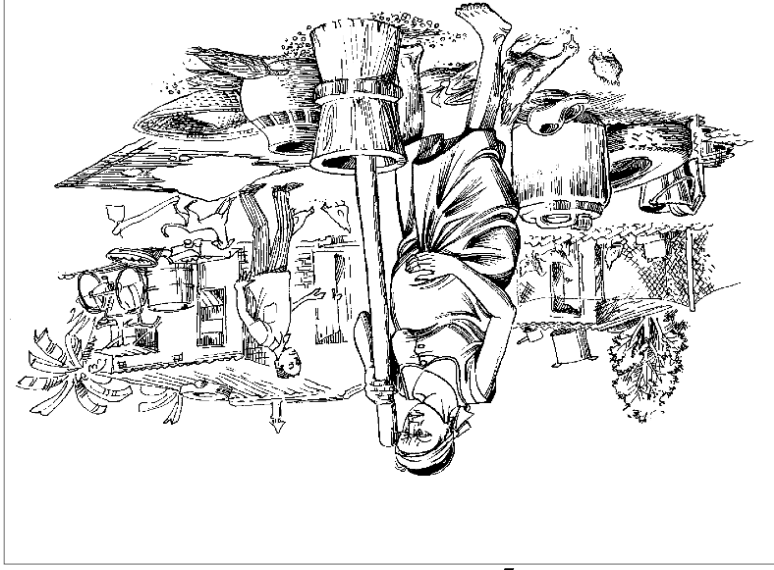


Patience is out working in the fields.  
Patience is eight months pregnant. She has  
never attended antenatal care. She sees her  
friends, also pregnant, going for their third  
ANC visit.





## Problem Story: Birth Planning and Birth Spacing



The next morning **Patience** feels cramps in her abdomen but she continues to work. In the early afternoon she calls her husband and tells him that she thinks it's time for the baby to come.



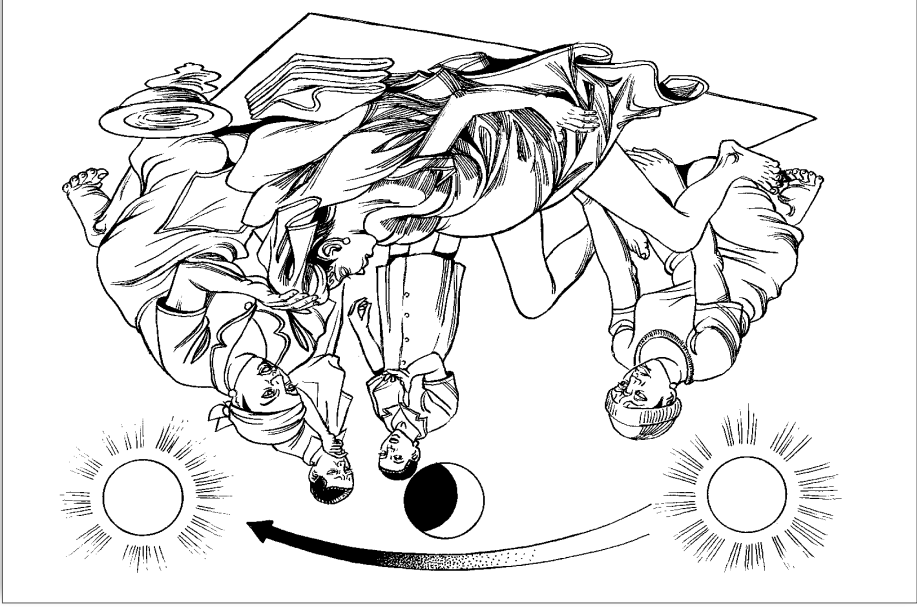


## Problem Story: Birth Planning and Birth Spacing



**Patience** has been in labor for almost 24 hours. The midwife has tried all of her traditional practices but the labor has not progressed and the baby has not come.

Finally **Patience's** mother in law tells her son he should take **Patience** to the health facility.





## Problem Story: Birth Planning and Birth Spacing



**Victor** urgently calls his friends together to help him collect money. He tries to find the man with the **oxcart** who can transport **Patience** to the health facility. He discovers that he is far away working **in the fields**. By the time **Victor** is able to find him several hours have passed.



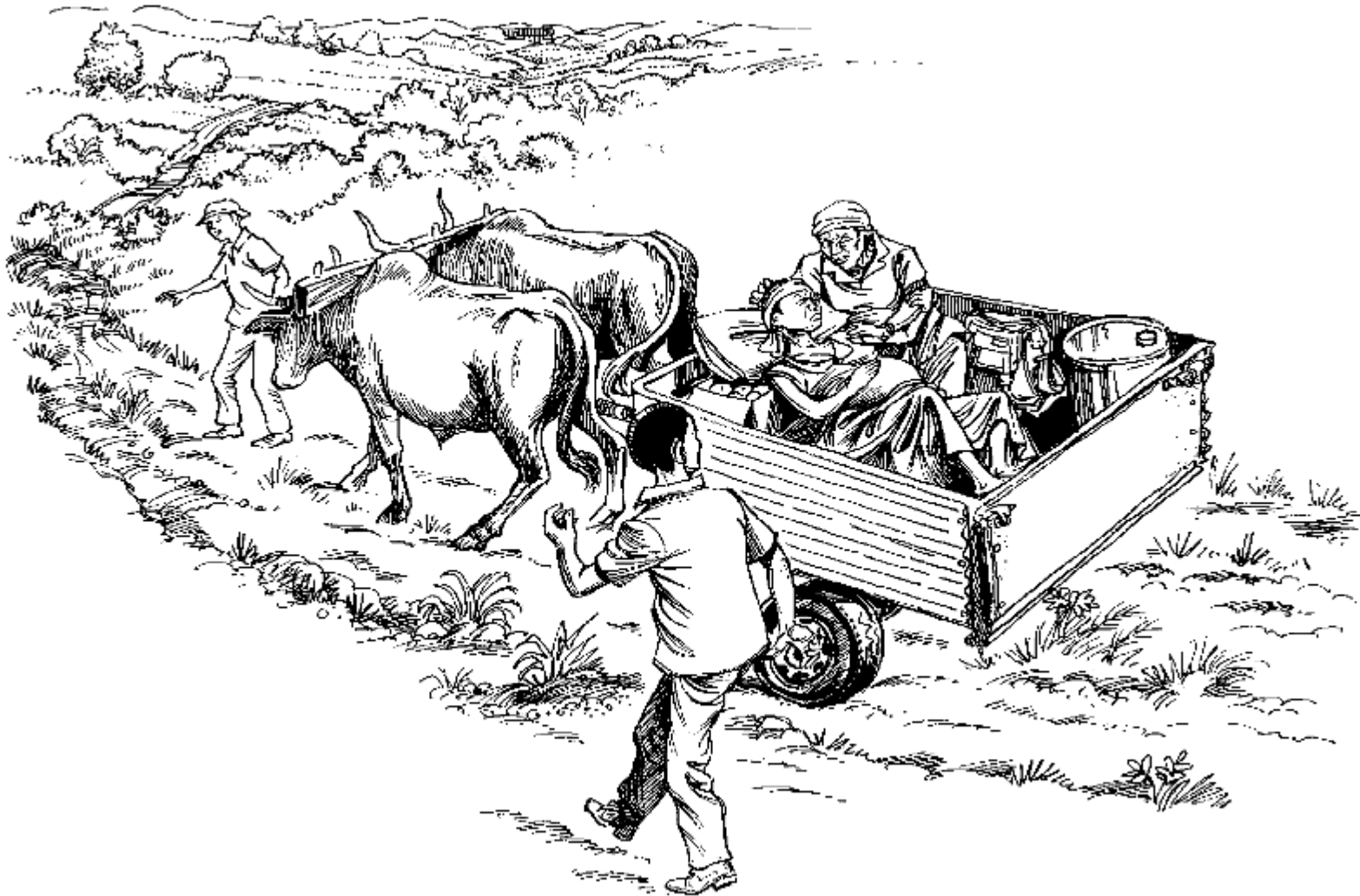


## Problem Story: Birth Planning and Birth Spacing

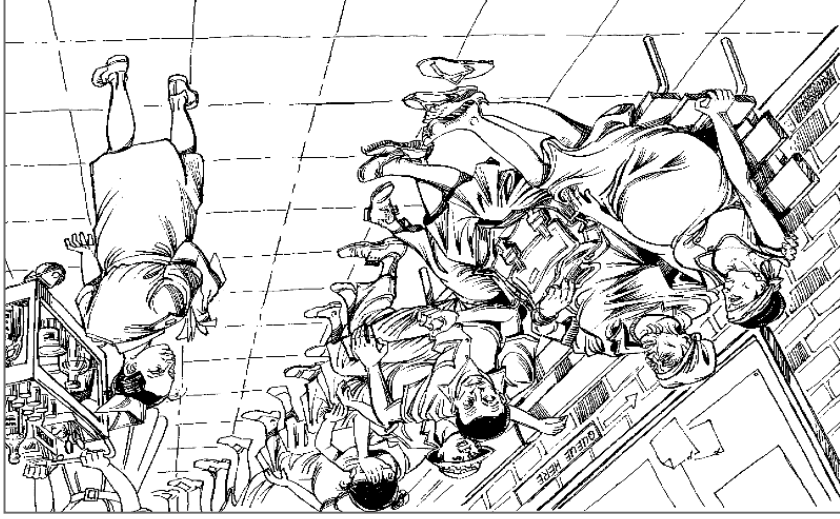


**Victor** brings the driver and the family heads for the health facility, 12 kilometers away. **Patience** is very uncomfortable and in quite a lot of pain.



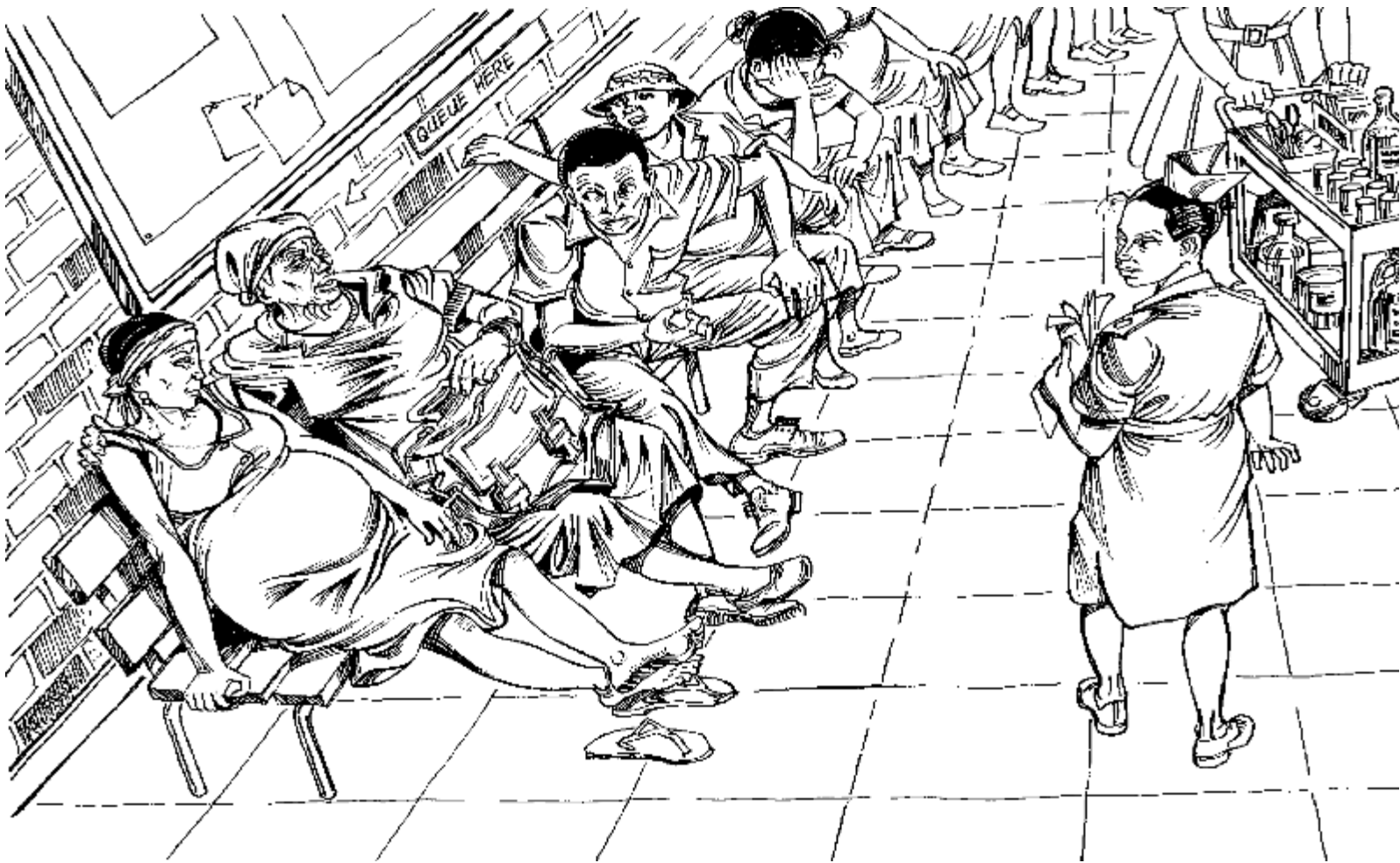


## Problem Story: Birth Planning and Birth Spacing



Once they arrive at the health facility they find a long line of people waiting. **Patience** and her family sit down in the waiting area. They do not find a nurse. They do not tell what happened. **Patience** waits for more than an hour in line.

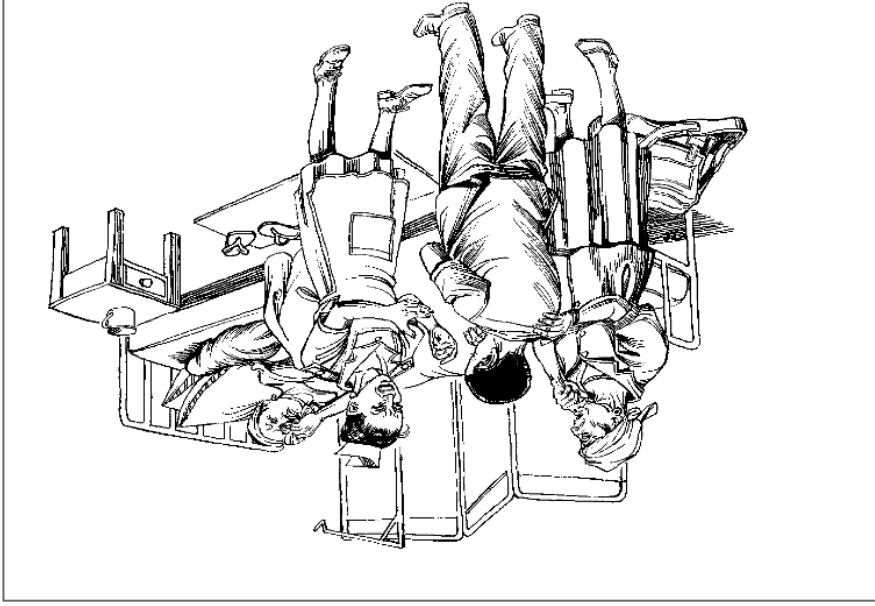


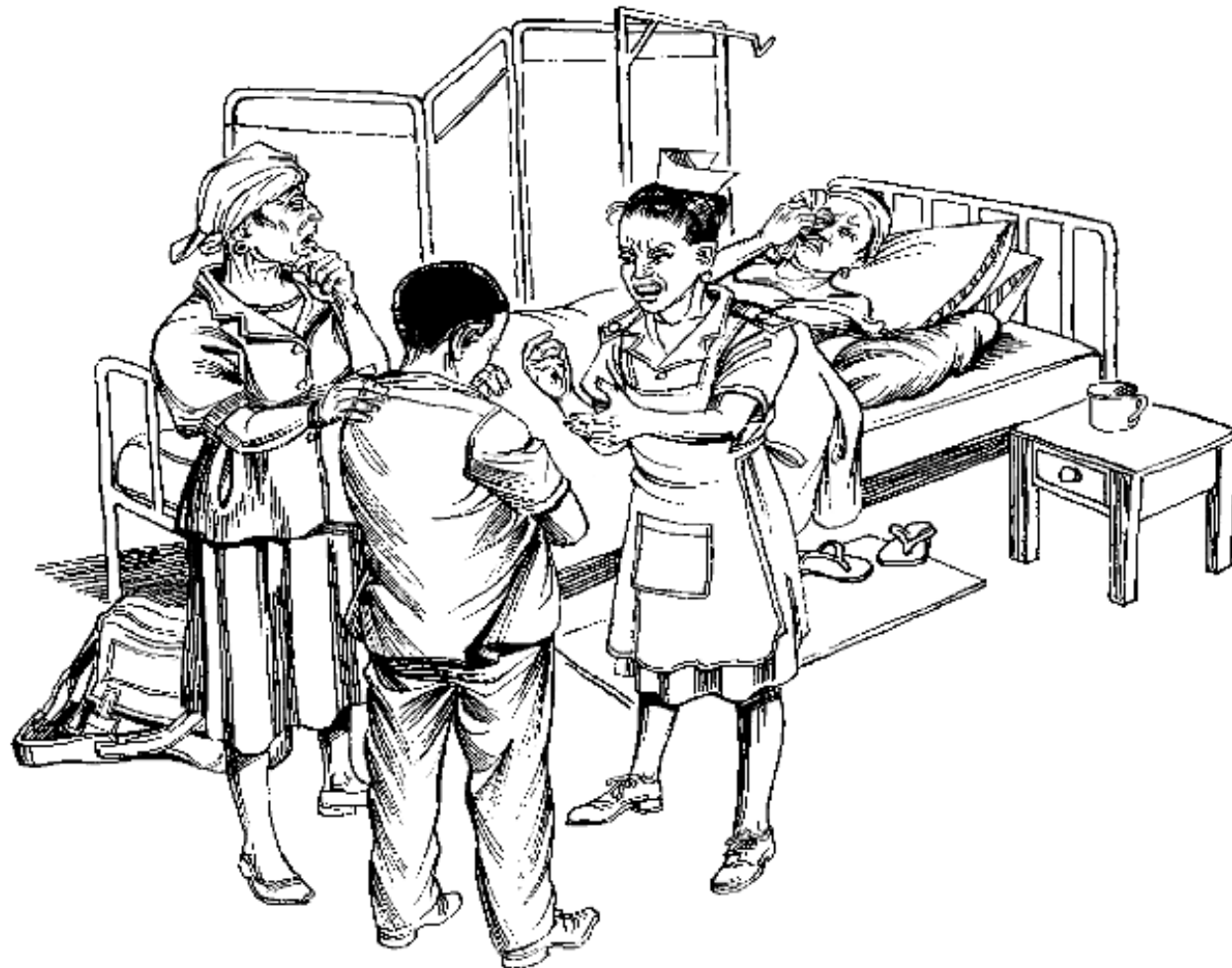


## Problem Story: Birth Planning and Birth Spacing

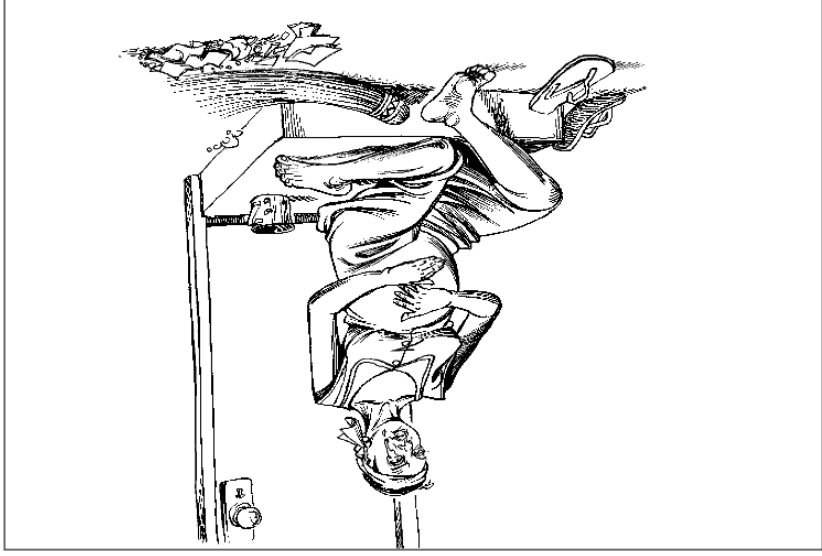


The nurse brings Patience and her family into the maternity. The nurse gives Patience some medicine to make the baby come. By the time the baby comes, it is dead. The nurse tells Patience and Victor that they waited much too long before coming for help.





## Problem Story: Birth Planning and Birth Spacing



**Patience** was very sad and tired but a few months later she knew that she was pregnant again. She became very worried because she still felt very weak and she did not want to lose another baby.





## Problem Story: Birth Planning and Birth Spacing



## G: Problem Story: Birth Plan, Birth Spacing: Guiding Questions

1. What behaviours / practices did they see in the story (pos or neg)?

### Possible Answers:

- Patience had too much work
- She didn't tell anyone when her fever and chills began
- Her labor was prolonged and nobody understood that that was dangerous
- The family had no emergency plan; the husband had not saved money for transport or made any arrangements for transport
- They did not go to the front of the line at the health facility
- They did not tell the health staff what happened

2. Do similar things happen in your community?

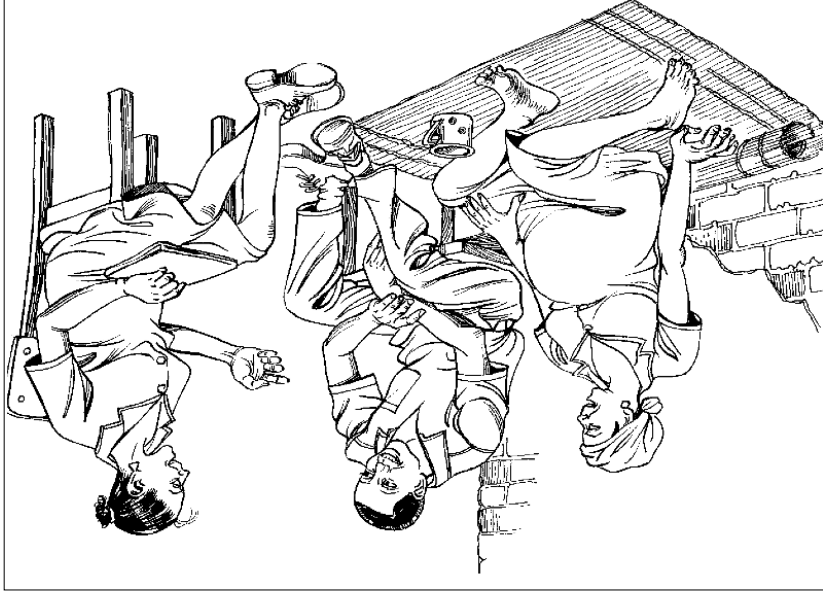
3. Do any of these happen in your own experience/family/ home? Have you learned any new ideas from this story? If so, what did you learn? What might you do differently?



# VISIT 3

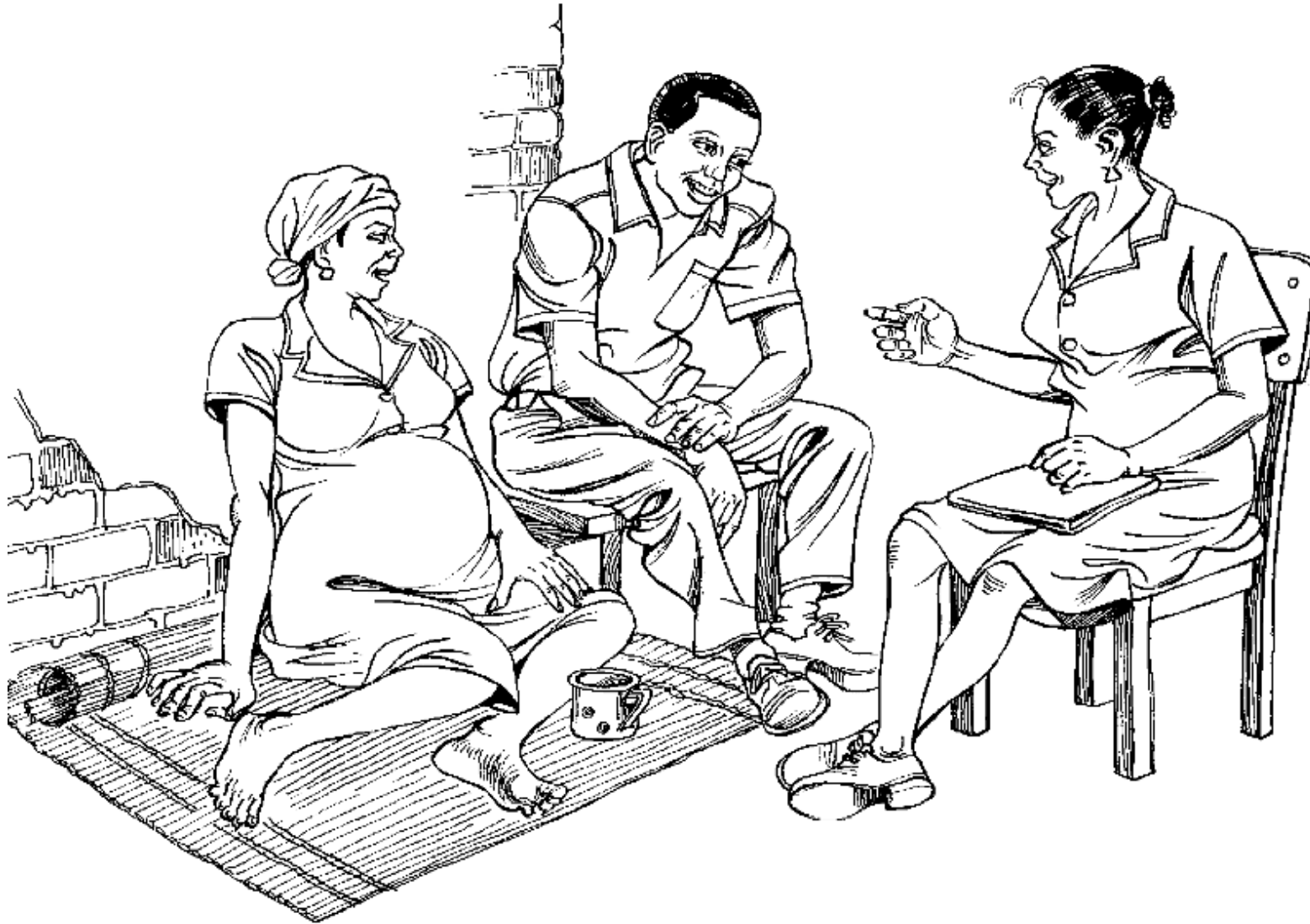


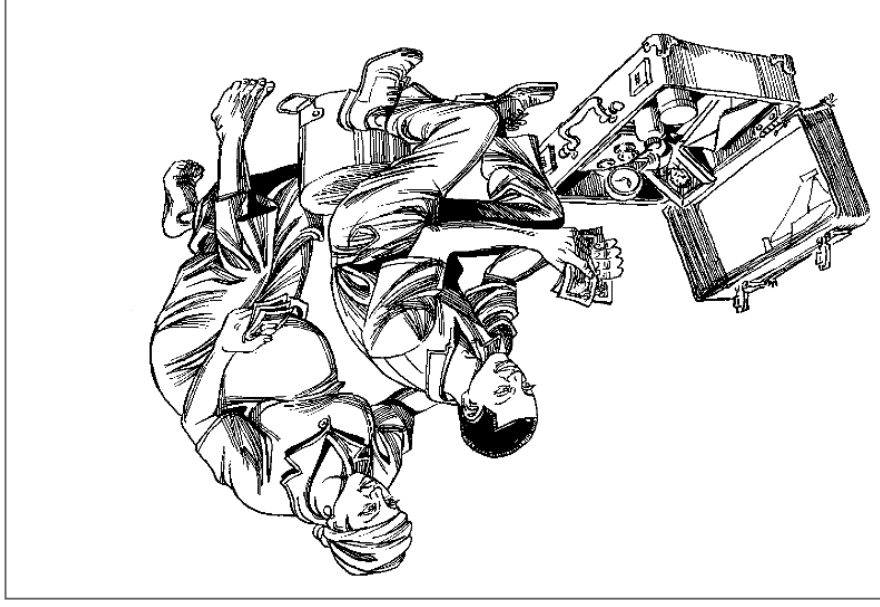
**Positive Story: Birth Plan**



The TTC-HV visited **Blessing** and **Faith** in their home. She had talked to **Blessing** about preparing for the birth of their child.

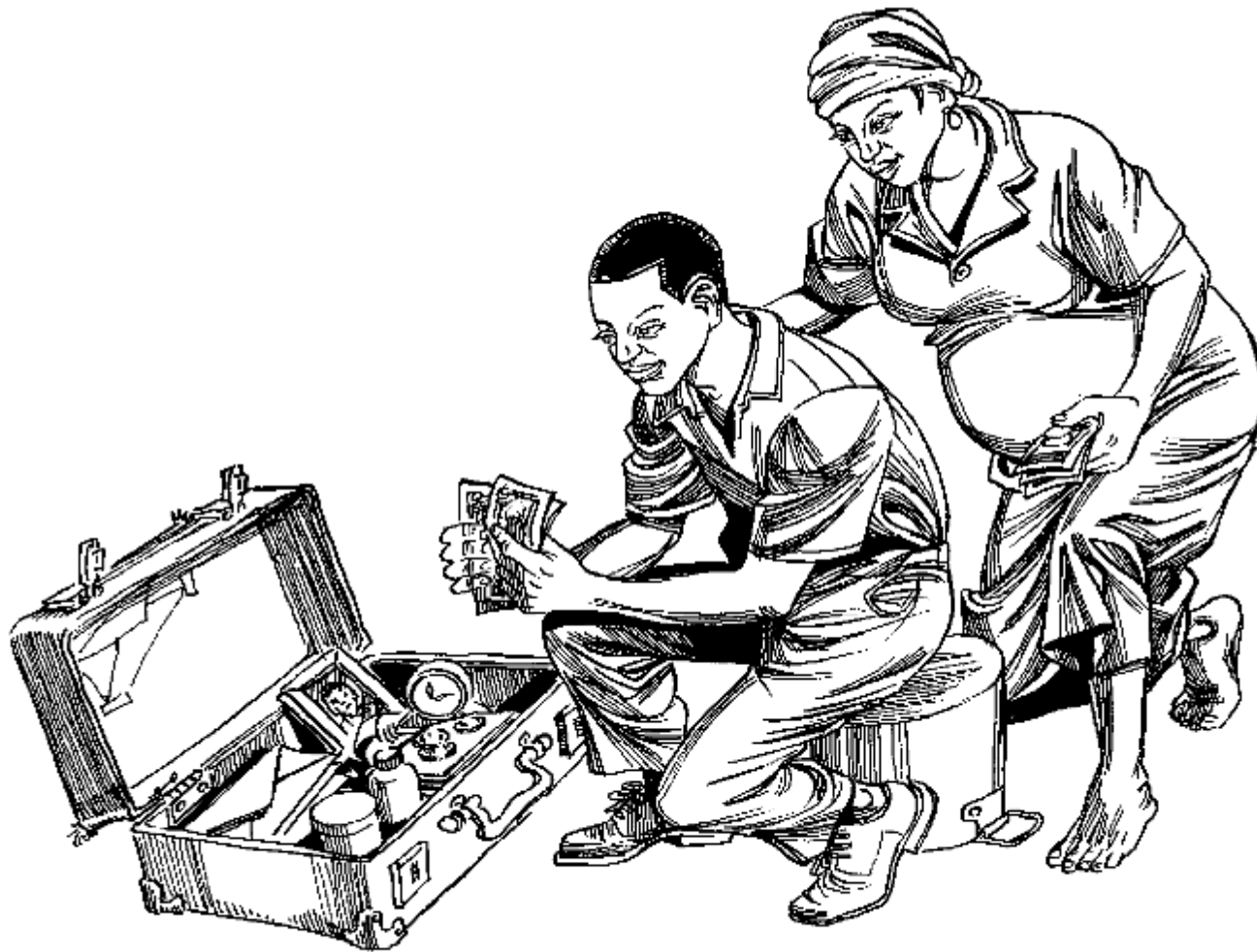






**Blessing** thought it was a very good idea to save money and make a plan. He wanted **Faith** to be strong and for them to have a healthy baby.

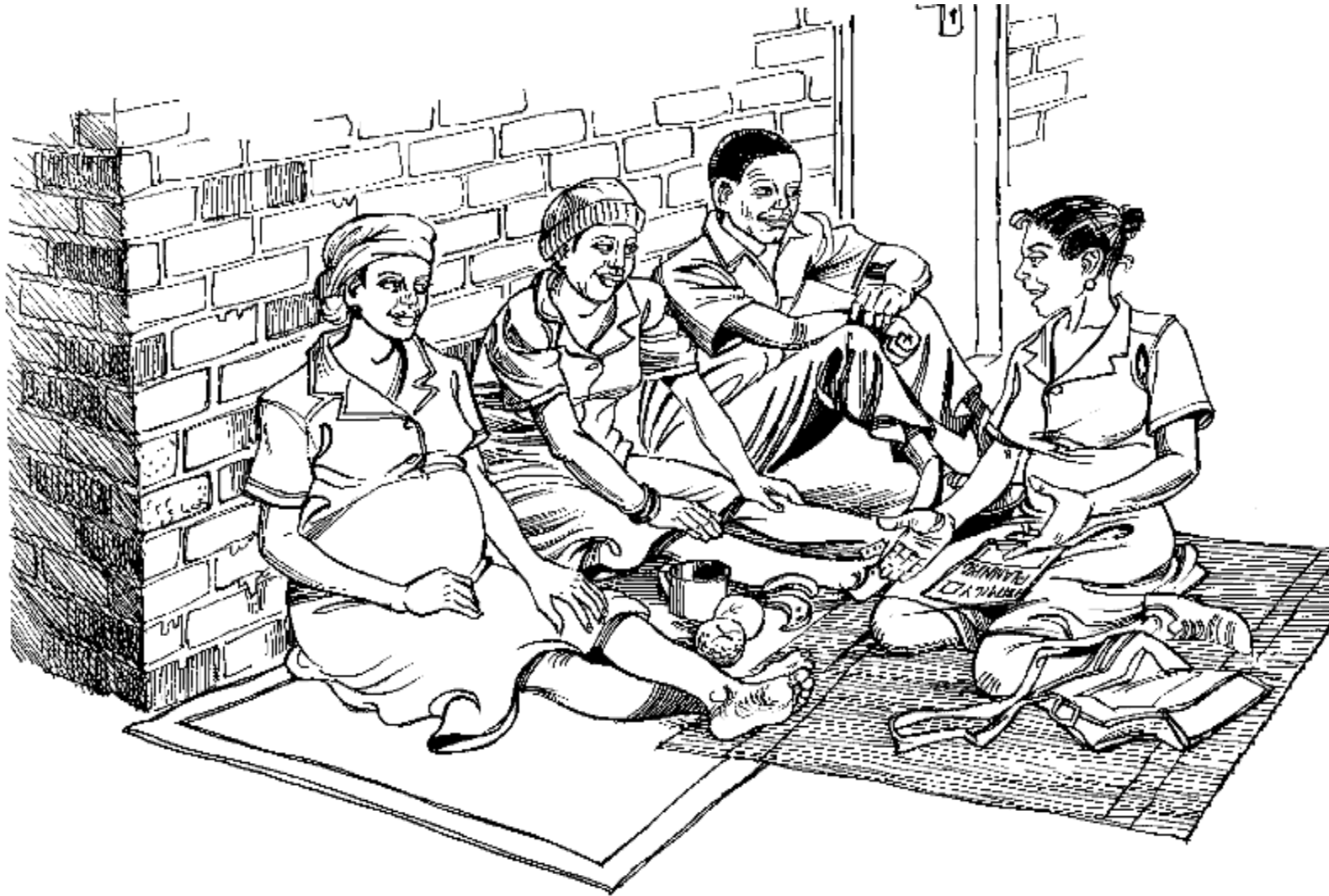






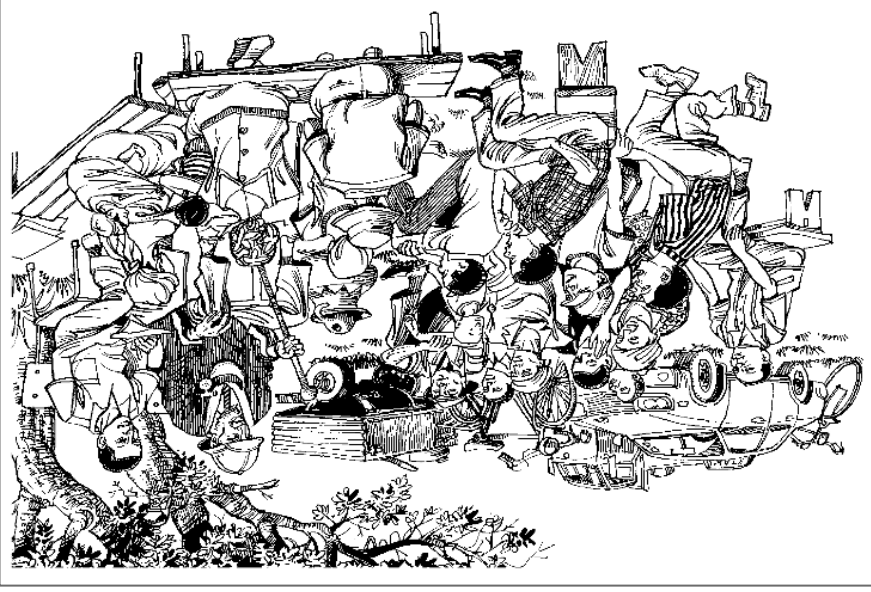
The TTC-HV talks more about the plan for the birth. She explained that there will be a community meeting to talk about organizing drivers to assist all pregnant women and their families with transport when they need to go to the health facility.

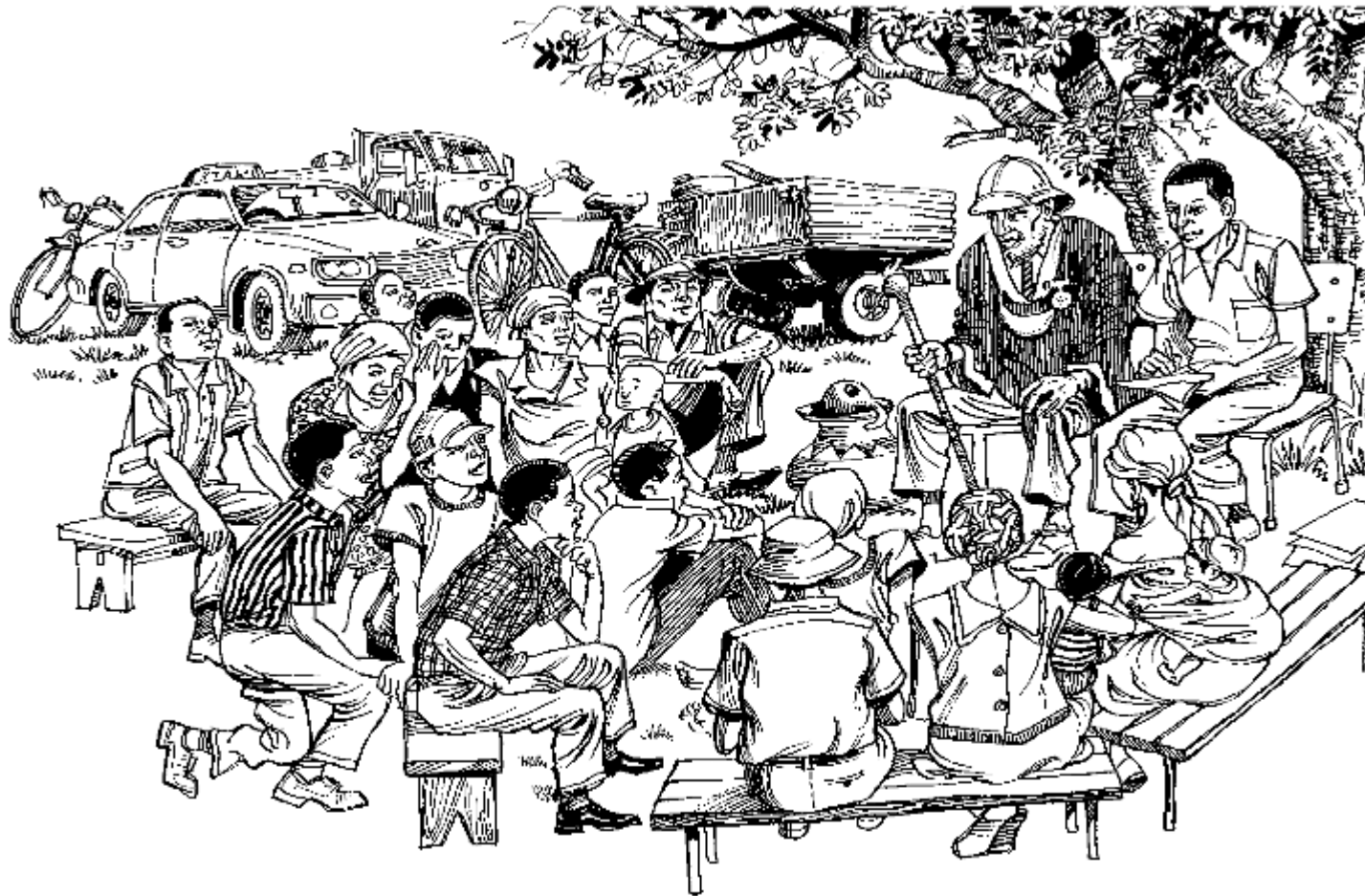






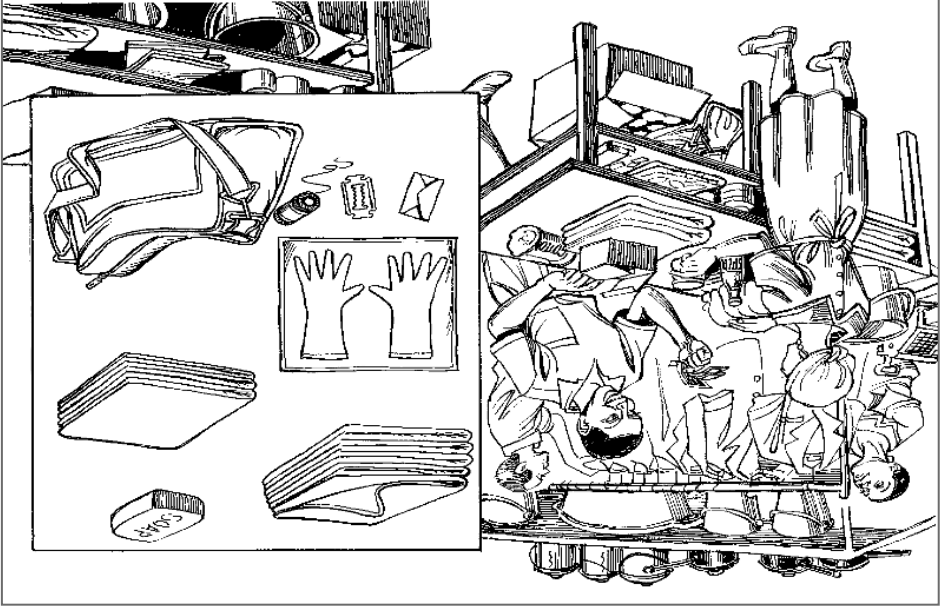
The leaders called the meeting and everyone came. There were men with **oxcarts**, there were men with **horses**, there was even a man with a **bicycle cart**. There was a man in a nearby village who also came with his truck. At the meeting they chose drivers who would be available and agreed on the price.





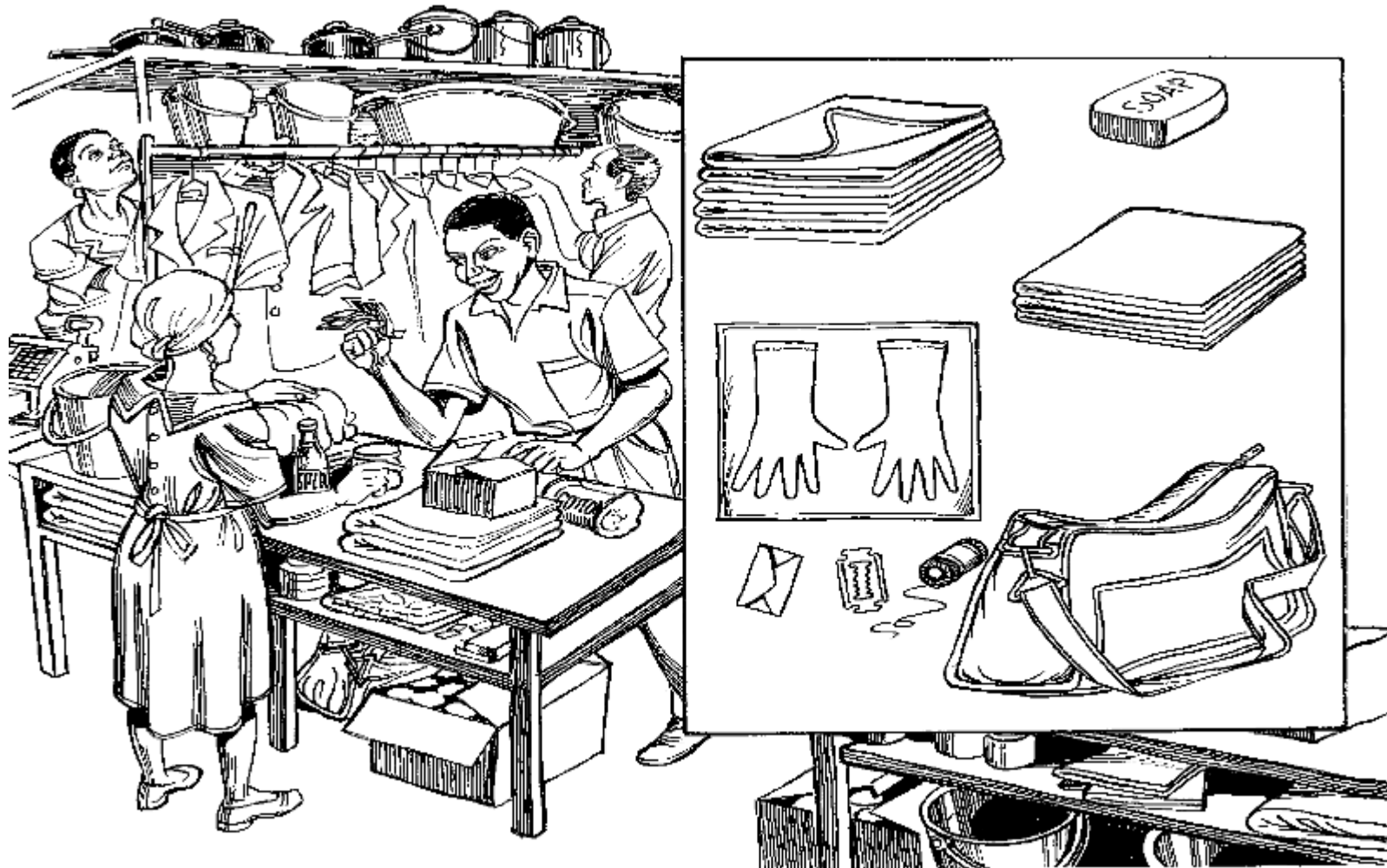


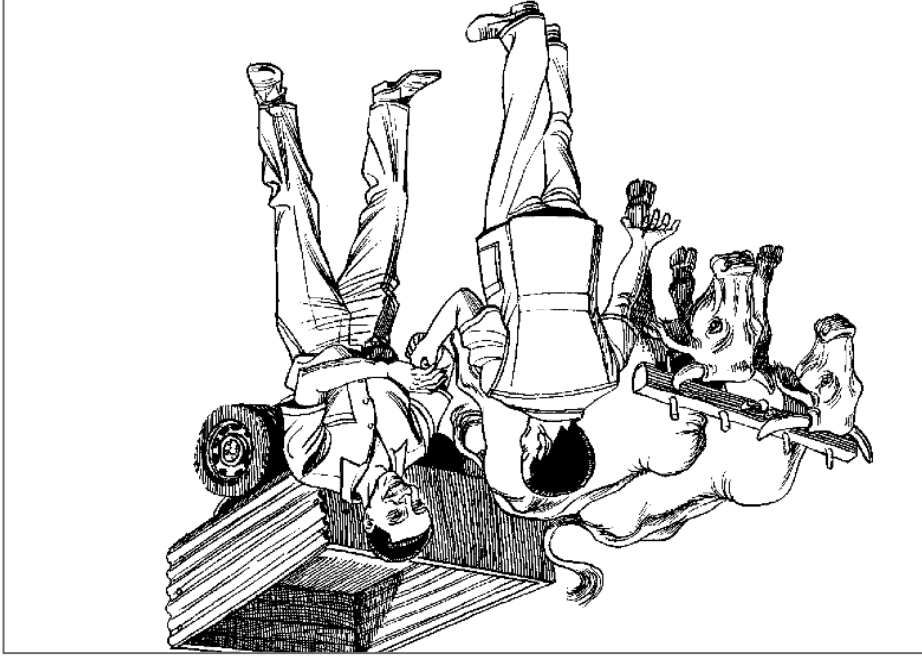
The TTC-HV had explained to **Blessing** and **Faith** that it's very important for the mother and baby to stay clean during the delivery. If anything is dirty then the mother and baby can get an infection, which is very dangerous. Because



**Blessing** had saved money he was ready to buy these very important supplies, to be ready for the birth.

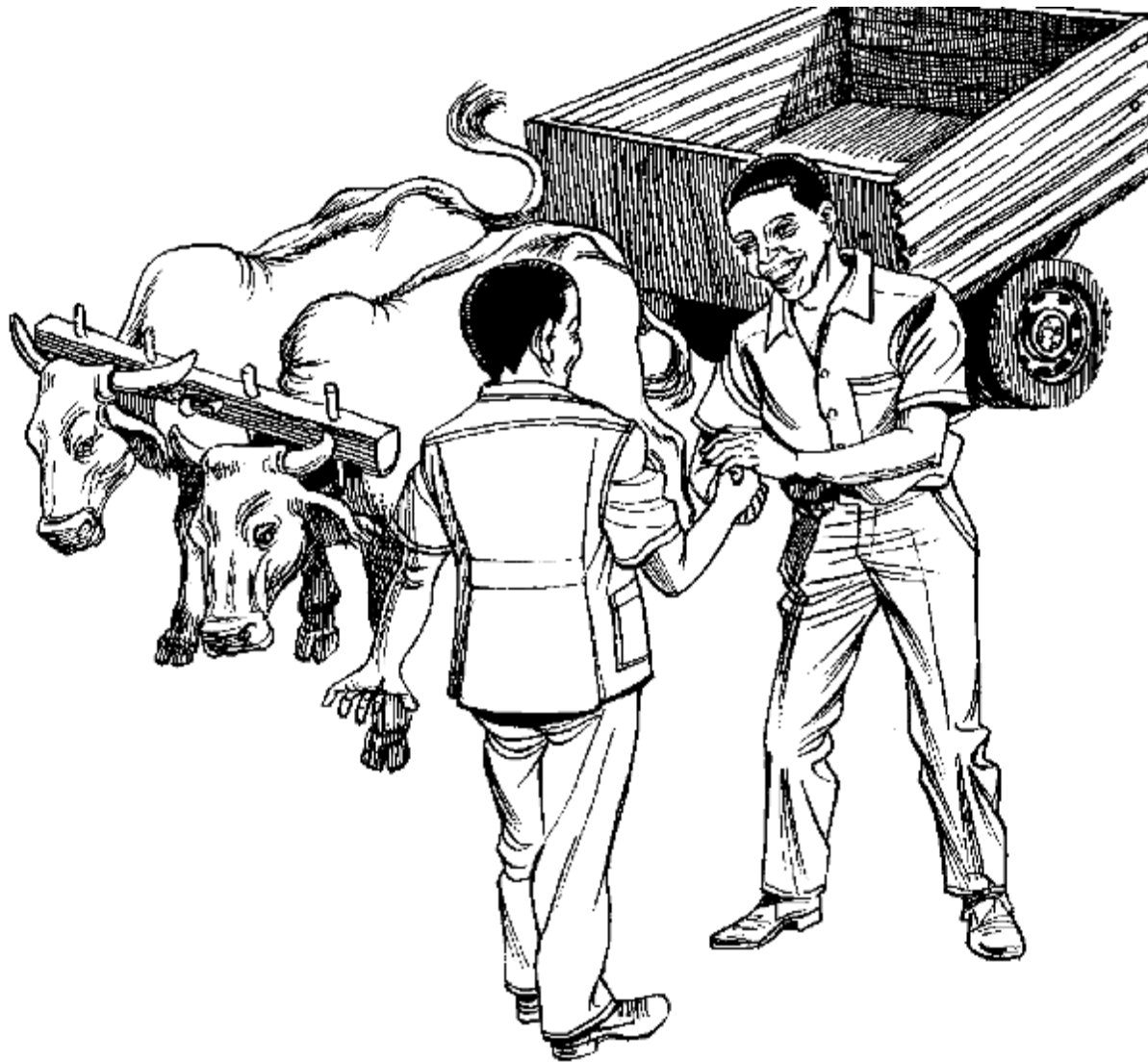


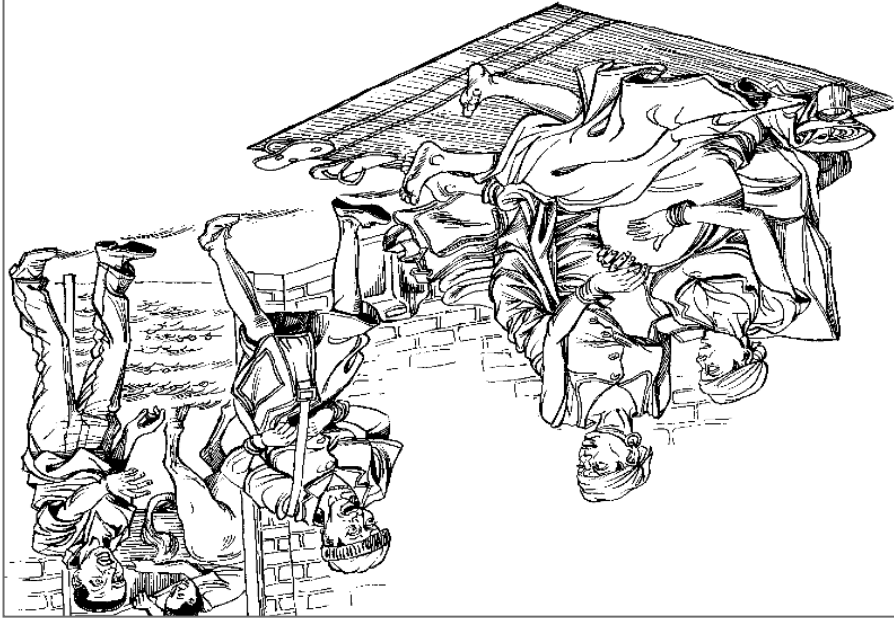




**Blessing** went to speak with one driver  
because he knew the time was near for  
**Faith** to have the baby.







When the day came the driver came immediately and the family headed to the health facility along with the village midwife and her helper.

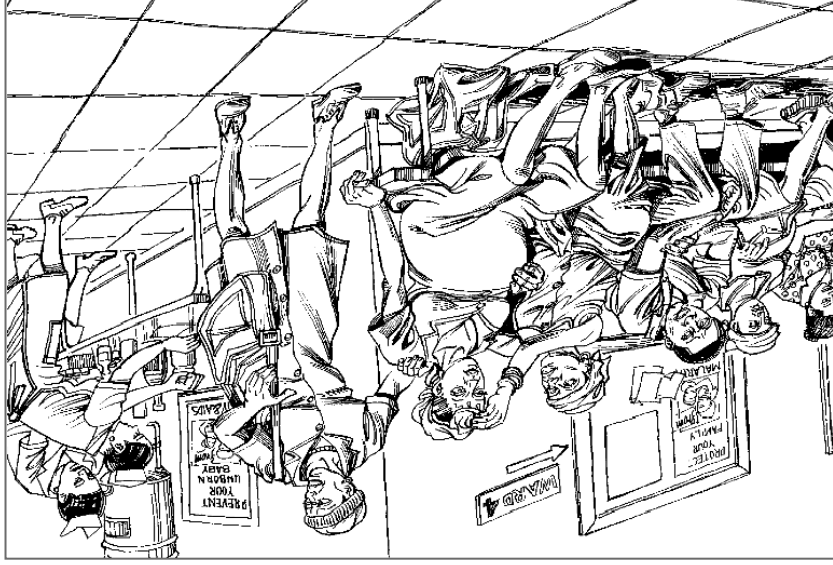




**Positive Story: Birth Plan**



When they got to the clinic, even though there was a long line of people waiting, the village midwife went straight in to find the nurse. **Faith** was taken right away to the maternity ward.







The health facility nurse took the supplies that **Blessing** had bought and washed her hands with soap and clean water. She put all of the things the family had brought close by to use especially for **Faith** and her baby.







**Faith** was a happy and proud mother and welcomed her new baby boy. The men greeted **Blessing** and congratulated him on his good planning and healthy son.





**Positive Story: Birth Plan**



## H: Positive Story: Birth Plan: Guiding Questions

1. What behaviours / practices did they see in the story (positive or negative)?

Possible answers:

- **Blessing** and **Faith** saved money for the birth, and for a possible emergency
- The community was organized for transportation
- **Blessing** identified the driver he would use to transport **Faith**, ahead of time
- They bought clean supplies for the birth
- When they arrived at the clinic, they immediately told the nurse that **Faith** was ready to deliver
- **Faith** delivered a healthy baby

2. Do similar things happen in your community?

3. Do any of these happen in your own experience/family/ home? Have you learned any new ideas from this story? If so, what did you learn? What might you do differently?



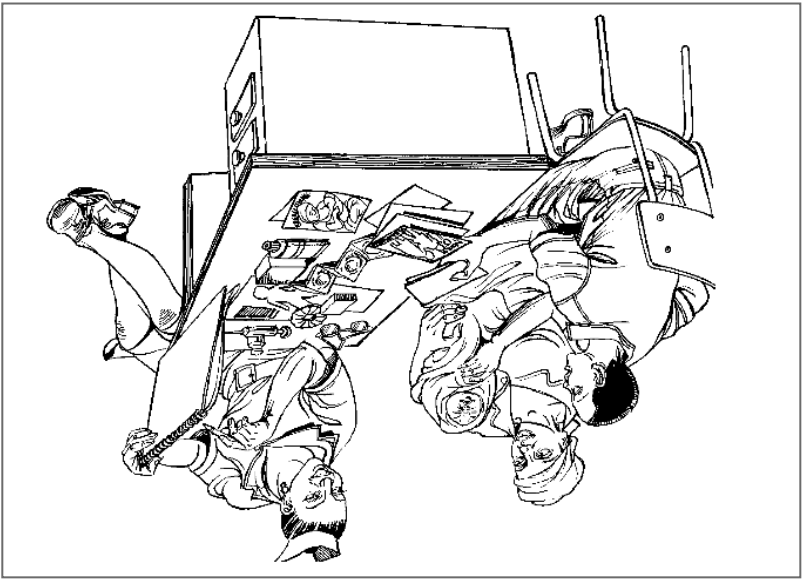
# VISIT 3

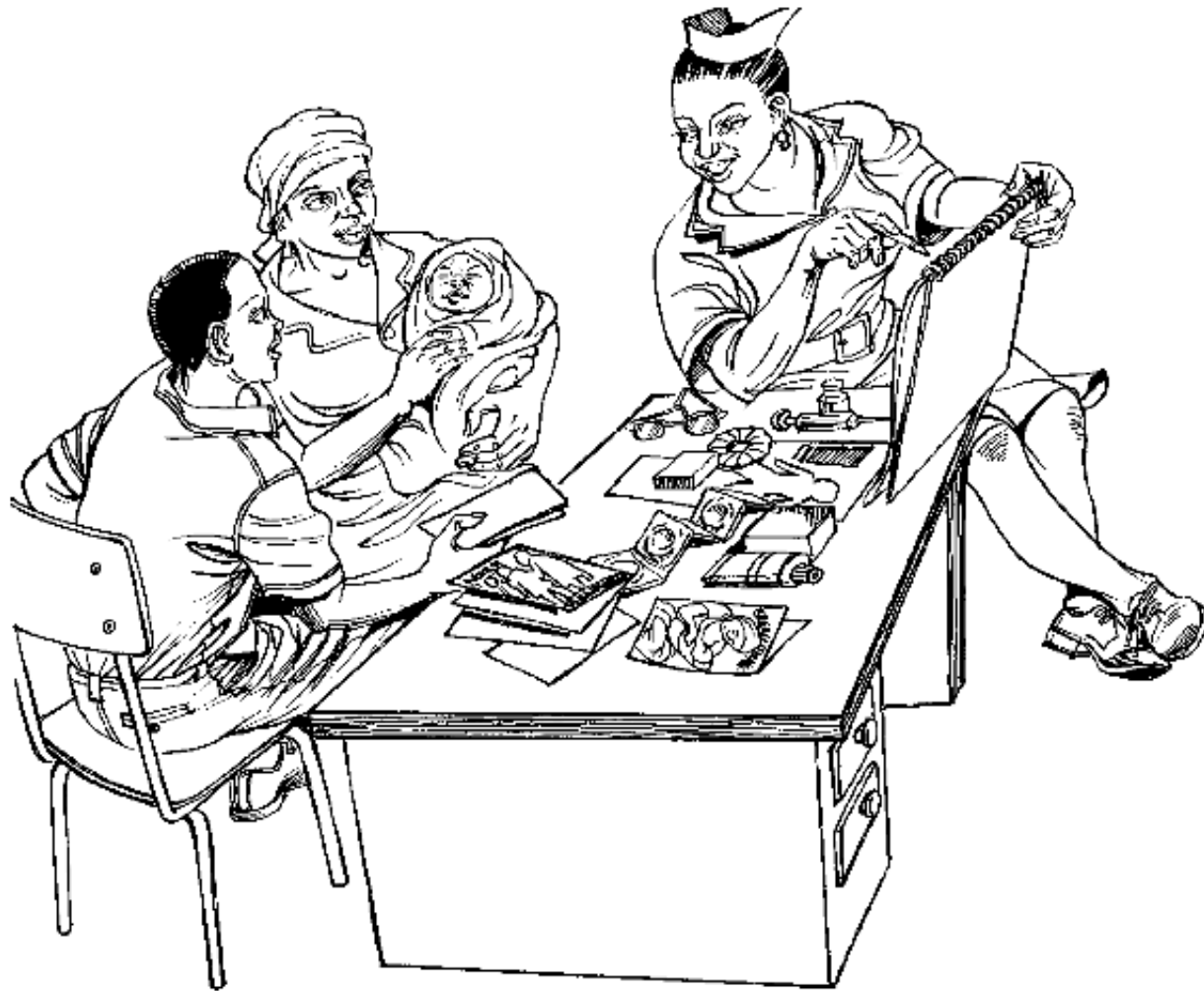


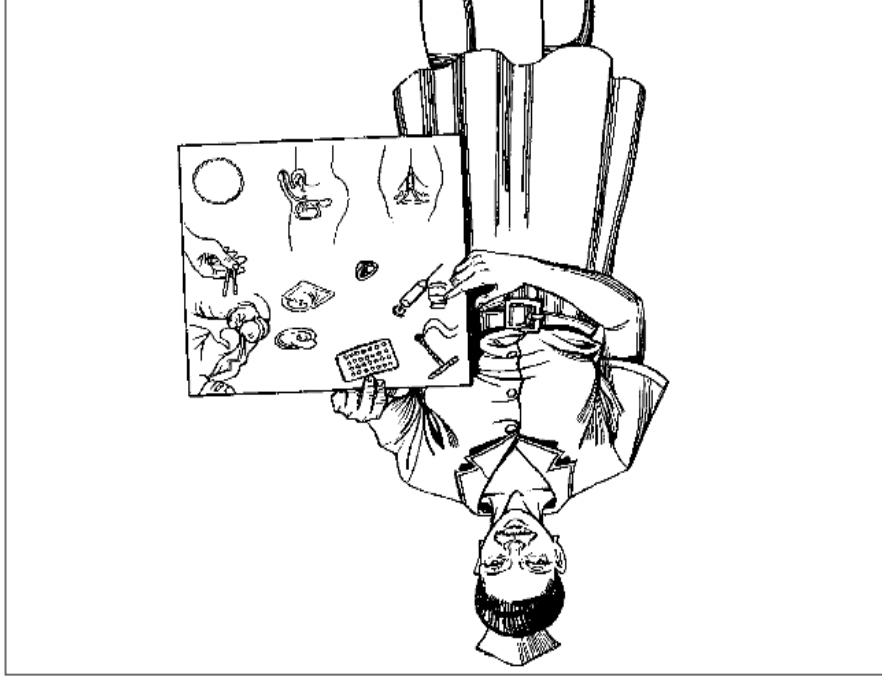
**Positive Story: Birth Plan**



The TTC-HV advised **Blessing** and **Faith** that it is very important to return to the health facility for a checkup for her and her baby. When they go they should ask about how to avoid getting pregnant again too soon. **Faith** understood that her body needs time to recuperate and this baby need time to grow. The nurse tells **Faith** that she should not get pregnant again for at least two years, and explains the different methods to prevent pregnancy.







When you go to the health facility the nurse will explain to you the different methods of avoiding pregnancy.







It is very important that after you have  
learned and thought about the options that  
you discuss with your partner and choose  
the one that is right for you.







### I: Positive Story: Birth Spacing: Guiding Questions

1. What behaviours / practices did they see in the story (pos or neg)?

Possible Answers

- **Faith** goes back to the clinic to be checked, after she has given birth.
- **Blessing** and **Faith** choose a method to avoid getting pregnant again too soon.

2. Do similar things happen in your community?

3. Do any of these happen in your own experience/family/ home? Have you learned any new ideas from this story? If so, what did you learn? What might you do differently?



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